

THE POMEGRANATE

The Official Newsletter of ARIL

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Hello November

Hello November! This month we would like to give THANKS to everyone that makes ARIL an amazing place to work and an amazing place to nurture the development of our persons served in their independent living skills. This years has been a tumultuous year and we understand that things have not been normal. However, we have adjusted and persevered even amongst the challenges. Thank You to our Direct Support Staff, Office Staff, Inland Regional Center and Person Served families for helping us cope with all the changes.



Program Manager in Training

ARIL would like to announce the training of a new Program Manager. Some of you, might recognize her, Maggie has been with ARIL for over a year as a Direct Support Staff and is now working toward becoming our newest Program Manager to oversee our ILS and SLS Programs.



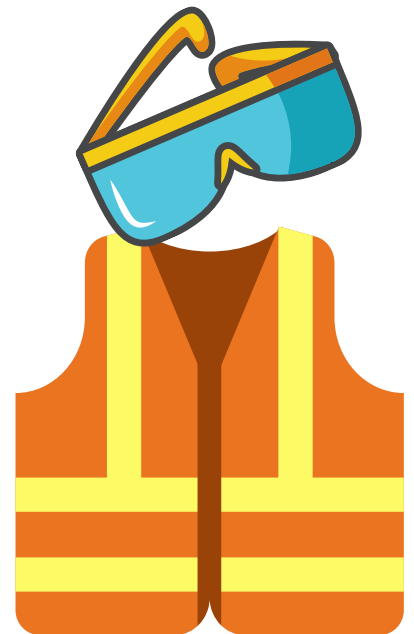
October Events



For the month of October, ARIL hosted a variety of events that focused on the Fall Season. Our cooking class had a fun time making Jack Skeleton inspired candy apples, and our Social Club had discussions on our upcoming Presidential Election.

This month our Emergency Preparedness class focused on learning Home safety and Halloween Safety. Which all focused on Stranger Danger and Answering the Front Door.

Our Social Skills focused on Shopping during a Pandemic, understanding a store format, and grocery shopping on a budget.





Happy Halloween



Check out everyone's amazing costumes! Although this year was tough, we all still managed to have a fun and safe Halloween.



HAPPY HALLOWEEN



November Events

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2 Social Club @ 2pm Game Night @ 7pm	3 Cooking @ 2pm	4 DLS @ 5pm	5 Exercise @ 4pm	6 Emergency Prep @ 1pm	7 Video Game Chat @ 12pm
8	9 Social Club @ 2pm	10 Cooking @ 2pm	11 DLS @ 5pm	12 Exercise @ 4pm	13 Emergency Prep @ 1pm	14 Video Game Chat @ 12pm
15	16 Social Club @ 2pm Game Night @ 7pm	17 Cooking @ 2pm	18 DLS @ 5pm	19 Exercise @ 4pm	20 Arts & Crafts @ 1pm	21 Video Game Chat @ 12pm
22	23	24	25	26	27	28
Holiday Break NO ACTIVITIES OR EVENTS						
29	30 Social Club @ 2pm Game Night @ 7pm					

This is a tentative schedule, times and dates may be changed at any time.
Please check for any updates on our website

All Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Staff or the ARIL office. You can also check out our website to view videos on how to use ZOOM.



****Sign up for these activities & Events on our website at ARILDSP.COM****

Details on ZOOM Activities and Events

GAME NIGHT

Every other Monday @7pm

Join us to play a fun game! You will have the chance to challenge others in a game of Kahoot!

DAILY LIVING SKILLS

Wednesday @5pm

Zoom Literacy - 11/4

Meal Preparation - 11/11

Credit vs Debit - 11/18

EXERCISE

Thursdays @4pm

Get your body moving with new exercises every week. Before each class our instructor will give you a tip on how to stay healthy and active.

ARTS & CRAFTS

Last Friday of the Month @12pm

This months arts & crafts will focus on Fall themes. From pumpkins, leaves, and bright fun colors!

SOCIAL CLUB

Mondays @2pm

Get together with others to hear what is going on in the world and with each others lives while developing social skills.

COOKING

Tuesdays @2pm

Get in the kitchen with us to learn how to cook. Recipes can be found on Instagram and our website, this way you know what ingredients you need to follow.

VIDEO GAME CHAT

Saturdays @12pm

Join us on what is trending in the tech world, and get some hints and tips about technology.

EMERGENCY PREPAREDNESS

Fridays @1pm

Burn Hazards and Prevention - 11/6
Applying First Aid - 11/13

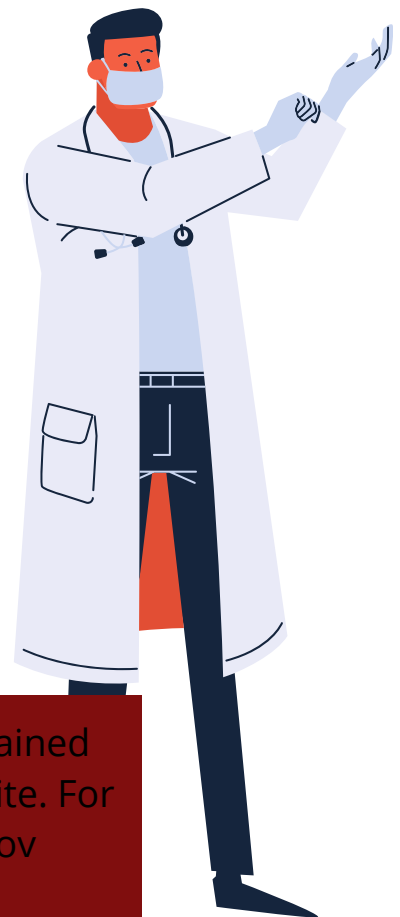
COVID-19 is still active, so be safe and continue to follow CDC guidelines

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

Together We Can Overcome #STOPTHESPREAD

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)