

FEB 2022

THE POMEGRANATE

The Official Newsletter of ARIL

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Check Out Our Website for More Information



We're in this together!

As COVID-19 cases continue to rise, ARIL will continue to provide teleservices and Face to Face services upon request and staff availability. Please communicate and cancel in person sessions with your Direct Support Professional if you or someone in your household is sick with Flu/COVID-19 symptoms. We want to make sure we are all staying safe and taking precautions during this time. If DSP arrives to an in person session and person served or someone in their household is showing Flu/COVID-19 symptoms DSP's have been instructed to end session immediately. We appreciate everyone's understanding and cooperation during this time.

If you are feeling unwell or are showing symptoms of the flu/COVID-19 please get tested for COVID or wait the appropriate CDC recommended time of isolation before scheduling in person sessions. COVID-19 testing is free and accessible to all. To Find local testing sites please visit your counties website or visit <https://covid19.ca.gov/get-tested/>

Now you can also sign up to receive up to 4 free COVID-19 at-home testing kits through the mail! To sign up please visit <https://special.usps.com/testkits>
Or you can call to place your order at: 1-800-232-0233 or TTY 1-888-720-7489

If you have any questions please call the ARIL office at (909)533-4157 or send an email to directsupport@arildsp.com

FEB 2022

February 2022

SUN	MON	TUES	WED	THUR	FRI	SAT
		1 Safety Class @2pm	2 Daily Living Skills @1pm	3	4 Social Hour @11am	5
6	7	8 Technology Chat @2pm	9 Community Resource Awareness @ 1pm	10	11 Social Hour @11am	12
13	14 	15 Safety Class @2pm	16 Daily Living Skills @1pm	17	18 Social Hour @11am	19
20	21	22 Technology Chat @2pm	23 Community Resource Awareness @ 1pm	24	25 Social Hour @11am	26
27	28					

This is a **tentative** schedule, times and dates may be changed at any time.
Please check for any updates on our website

Some Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Professional or the ARIL office. You can also check out our website to view videos on how to use ZOOM.

****Sign up for these activities & Events on our website at ARILDSP.COM****



Details on Activities and Events

SAFETY CLASS

@2pm

NOW ON TUESDAYS



2/1, 2/15

Technology Chat

@2pm



2/8, 2/22

DAILY LIVING SKILLS @1PM

NEW TIME



2/2, 2/16

COMMUNITY RESOURCE AWARENESS @1PM



2/9, 2/23

SOCIAL HOUR @11AM

NEW CLASS



2/4, 2/11, 2/18, 2/25

****IMPORTANT INFORMATION ABOUT EVENTS & CLASSES****

Please note that some events and classes have changed. Game Day and Exercise Class will not be held in January. Events and classes may have different dates and times. Make sure you check the dates and times of the events and classes you would like to attend.

There will be no in person ARIL Event for February.



San Bernardino and Riverside County Events



2022 Eastvale Lunar Festival

Come celebrate the Year of the Tiger in Eastvale with food, shopping, and cultural performances!

Date/Time: Sat, Feb 19, 2022,
 Sun, Feb 20, 2022, 11:00 AM–8:00 PM PST

Location: Citrus Event Venue
 13200 Citrus St.
 Eastvale, CA 92880



Give Back to your Community: Food Pantry

Arrive at 11am to help prepare the bags and volunteer to handout food to those in need!

Date: Every Saturday Time: (11am) 12pm-2pm
Location: 1887 Business Center Dr. Suite 3, San Bernardino CA 92408



Dickens Festival

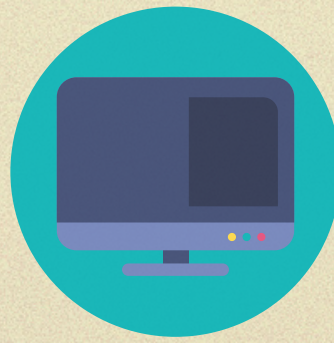
Celebrating the life and works of author Charles Dickens and his impact on society, our Dickens Fest is the brainchild of a small group of people who wanted to promote the cultural arts. Many vendors sell Victorian-era clothing in case guests feel inspired to dress up. There is also traditional food from across the pond, including fish and chips, meat pies, Scones, Welsh cakes, Scotch eggs and of course Tea.

Date: February 26 & 27th

Time: 10am-5pm

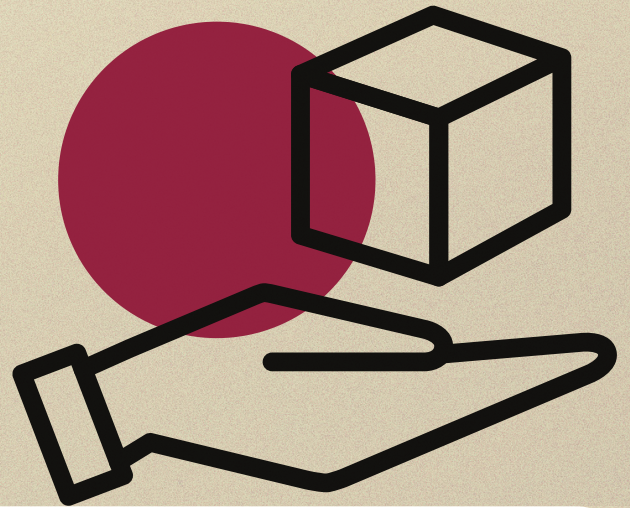
Location: 3900 Main St. Riverside CA 92501

Services



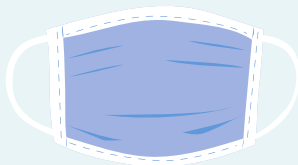
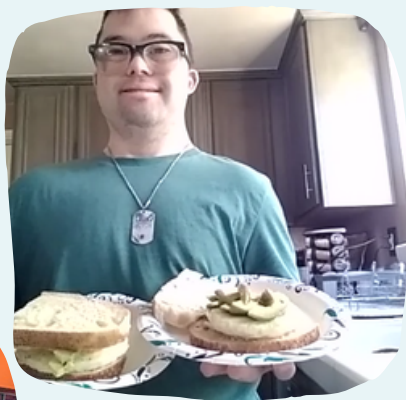
ARIL offers remote services via zoom and video calls. All teleservices are goal oriented and focused on teaching independent living skills using power points, discussions and learning videos.

ARIL offers in person services that are face-to-face in the family home or in the community. ARIL follows COVID-19 precautions recommended by the CDC.



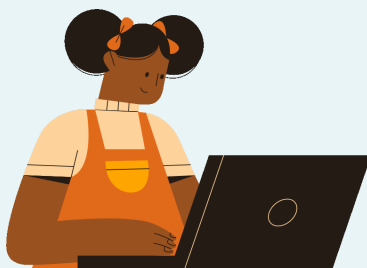
ARIL offers a hybrid program. Persons Served can receive a combination of remote and in person services. These services can change month to month according to the needs of the person served.

January Recap



February

ARIL person served had a productive time in January working on cooking, cleaning and socialization goals. Many even set new goals for themselves this new year! ARIL DSP's are working hard to keep all persons served accountable for reaching their goals!



Free At-Home COVID-19 Tests!

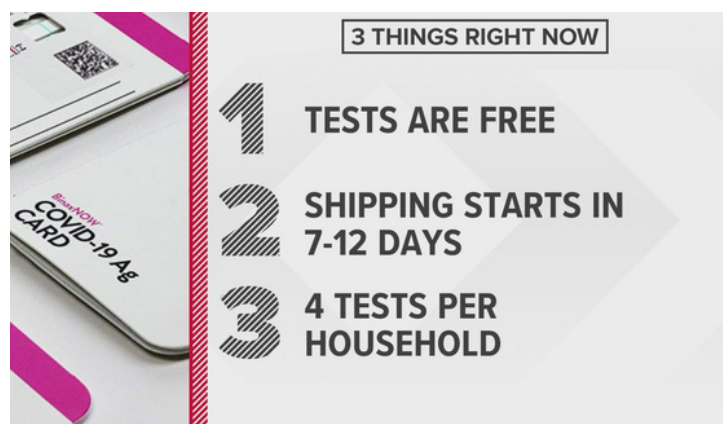
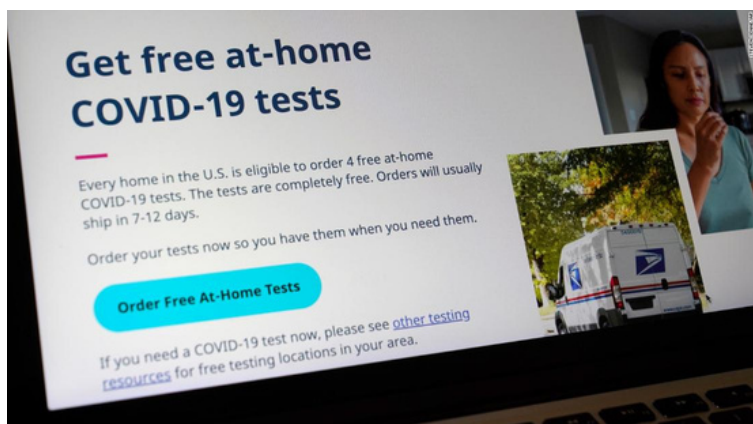
Testing is an important tool to help mitigate the spread of COVID-19. Public health experts and the Centers for Disease Control and Prevention recommend that Americans use at-home tests if they begin to have symptoms, at least five days after coming in close contact with someone who has COVID-19, or are gathering indoors with a group of people who are at risk of severe disease or unvaccinated.

To help ensure Americans have tests on hand if a need arises, the Biden Administration is purchasing one billion at-home, rapid COVID-19 tests to give to Americans for free. A half-billion tests will be available for order on January 19th and will be mailed directly to American households. 4 test will be sent per household. Shipping will begin late January and will take 7-12 days to ship. You can now sign up to receive your free at home test <https://special.usps.com/testkits>

There's now a phone number to order free COVID-19 at-home testing kits from the government. According to the new COVIDtests.gov website that launched this week, Americans who have had difficulty ordering the tests online or "need additional support can place an order," can call 1-800-232-0233 or TTY 1-888-720-7489.

The phone number also is the COVID vaccination hotline, which has been in use for several months.

If you need assistance in ordering test to your home please let your DSP know or call the ARIL office at 909-533-4157

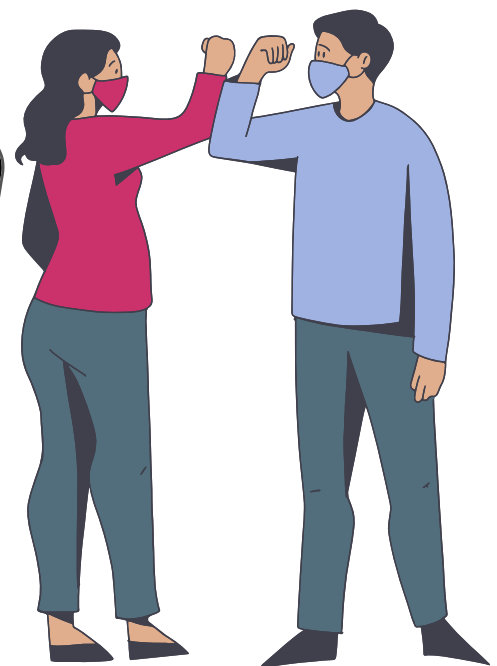


COVID-19 is still active, so be safe and continue to follow CDC guidelines

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)