

MAY 2025

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

MAY NEWSLETTER

Happy May and Happy Mother's Day to all the amazing moms, mother figures, and caregivers who inspire us with their strength, love, and dedication. This month, we celebrate you and the important role you play in shaping lives and communities.

As we step into a new month, we're reminded of the fresh possibilities it brings. May is a time for growth, renewal, and progress—and it's the perfect opportunity to refocus on our goal! Whether it's building confidence, learning new routines, or gaining greater self-reliance, we're excited to support our person served every step of the way.

This month also brings Memorial Day, a time to honor and remember those who gave their lives in service to our country. We extend our deepest gratitude and appreciation to all veterans and their families.

Thank you for being part of the ARIL program. Here's to a month of progress, purpose, and positivity!



THIS ISSUE:

NEWSLETTER INTRO
PAGE 01

CALENDAR
PAGE 02

COMMUNITY EVENTS
PAGE 03-06

RECAP
PAGE 07

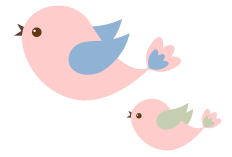
ACTIVITY PAGE
PAGE 08

SERVICES
PAGE 09

INSTAGRAM
PAGE 10

CONTACT US/ MORE
INFORMATION
PAGE 11

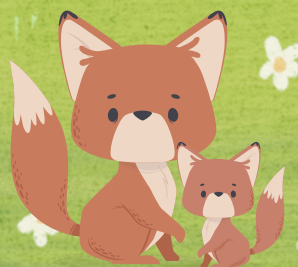
MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11 	12 Riverside Bingo 12pm 	13	14	15 ARIL L.A. Fair Trip	16	17
18	19 IRC Movie Night 5pm- 9pm 	20 ARIL Universal Studios Trip	21	22	23	24
25	26 Memorial Day 	27	28 Summer Concert 5pm 	29	30	31

This is a tentative schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.

Stay updated on activities & events on our website at ARILDSP.COM



Community Events



MONDAYS & SATURDAYS

GAME STARTS AT: 12:00PM

(DOORS OPEN AT 9:30AM)



OPEN TO THE PUBLIC (18+)



- 2 Pack Minimum, Buy In: \$20
- Extra Pack \$5
- Special Games: \$2 or 3/\$5

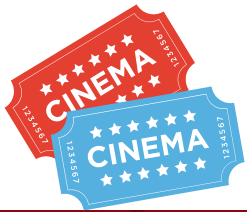
★ **LIVE CALLER**
★ **CASH PRIZES**
★ **SNACK BAR**

POWERBALL - UP TO \$500



JANET GOESKE
FOUNDATION

5257 Sierra Street,
Riverside, CA 92504



Community Events



INSIDE OUT 2

MAY 19 MONDAY

Time: 5PM-7PM

Address:

1425 S Waterman Ave, San Bernardino, CA 92408

For more information or questions about this event please email:
community@inlandrc.org

The Client Advisory Committee (CAC) is a social and advocacy group for IRC clients 16 and older



Community Events



The City of Rancho Cucamonga will honor and remember those who gave the ultimate sacrifice serving in our Armed Forces on Monday, May 26. The ceremony will take place at Central Park, Freedom Courtyard at 9:00 a.m. Light refreshments will be available prior to the ceremony.

Community Events



May 28 | 24K Magic (Bruno Mars Tribute)

Summer Concert Series

Wednesdays & Thursdays, May—August, 2025

Ontario's Summer Concert Series is back! Kicking off at Ontario Town Square on Wednesdays and wrapping up Thursdays at Celebration Park North, this beloved seasonal tradition brings a mixture of returning fan favorites and acts brand new to Ontario. Enjoy pre-entertainment, food, games, and prizes before the show—don't miss your chance to experience the sounds of summer under the stars.

Pre-entertainment, food, games and prizes begin at 5 PM.

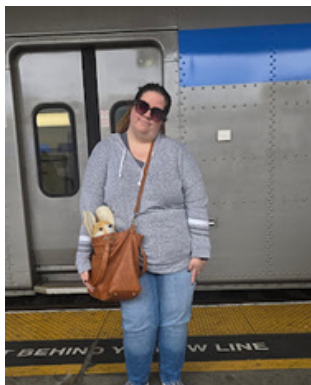
Ontario Town Square | 224 N. Euclid Avenue

APRIL RECAP



*"However
difficult life may
seem, there is
always something
you can do and
succeed at."*

STEPHEN HAWKING



Thank you to all our person
served and their families for
their continued support. ARIL
appreciates all your
participation and
commitment to our program!



May Activity:

Tuna Salad Recipe



Ingredients:

- 2 (5-ounce) cans tuna
- ¼ cup mayonnaise
- 1 stalk of celery, diced
- 2 tablespoons red onion, diced
- 1 to 2 tablespoons chopped parsley, chives and/or other herbs
- ½ tablespoon Dijon mustard
- kosher salt and ground black pepper, to taste

Instructions:

- Prep the ingredients. Drain the liquid from the tuna cans. Then, add the tuna, mayonnaise, diced celery and red onions, herbs, Dijon mustard, salt and black pepper to a mixing bowl.
- Mix the salad. Stir all of the ingredients together until well combined.
- Enjoy the tuna salad plain out of a bowl, wrapped in lettuce, or in a sandwich!

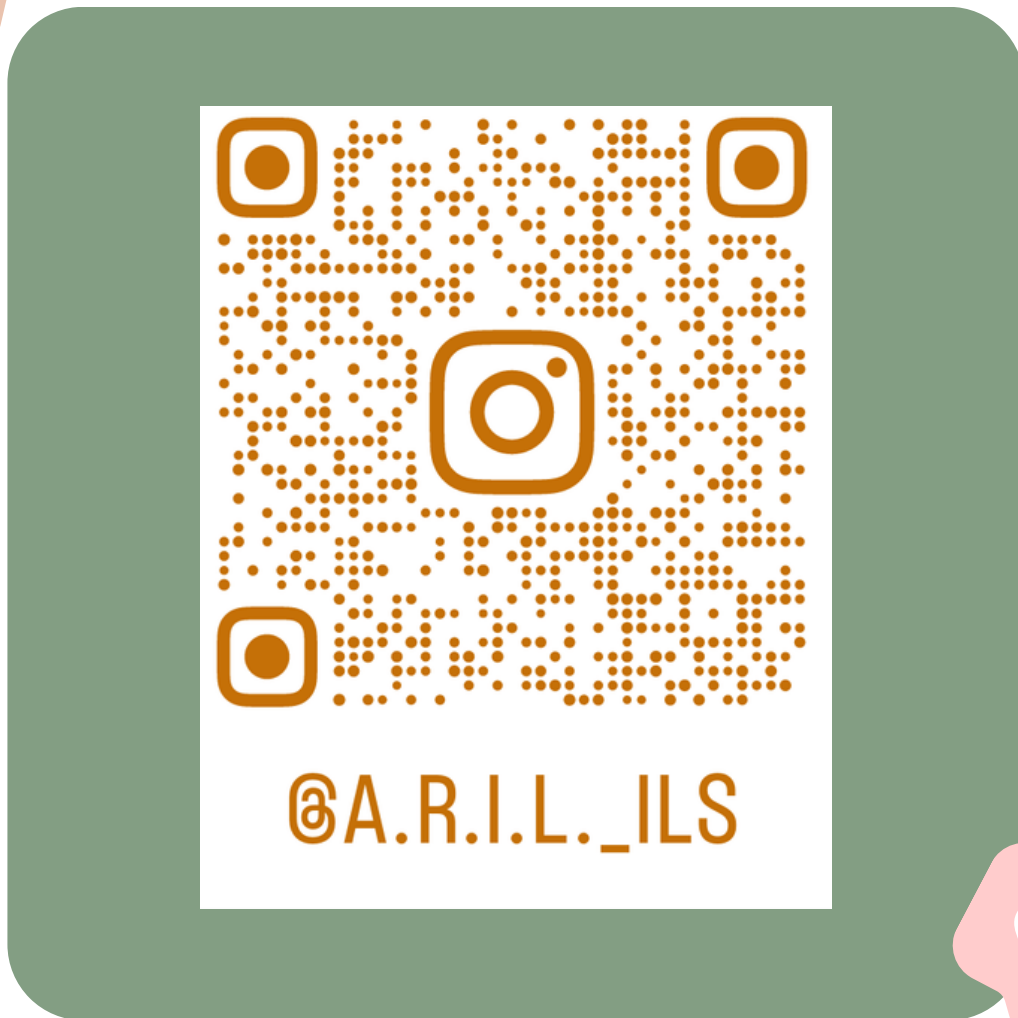
Services

ARIL offers in-person services that are face-to-face in the family home or the community.

ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011

FOLLOW ARIL ON INSTAGRAM!



@A.R.I.L._ILS 



ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)

Contact



909-843-2011
714-643-3541 (after hours)



jasmin.botello@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL

About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. Recently we have also become vendors for Social Recreation Services. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!