

## **AUGUST NEWSLETTER**

As August arrives, it brings the final stretch of summer and the first signs of fall just around the corner! It's a time to soak in the warmth, enjoy the slower moments, and begin preparing for the changes ahead. At ARIL, we remain committed to supporting our person served with care and goal-oriented sessions every day. As the seasons shift, our dedication stays strong, ensuring each person served continues to feel empowered, included, and valued!

This is also a great time to check in on personal goals. Whether you're making steady progress or considering a new direction, it's okay to reflect and make adjustments. If you feel ready for a change in focus or need support in redefining your goals, don't hesitate to let your DSP know. We're here to help you stay on track and to grow in the ways that matter most to you.



## THIS ISSUE:

NEWSLETTER INTRO PAGE 01

> CALENDAR PAGE 02

COMMUNITY EVENTS PAGE 03-06

> RECAP PAGE 07

INSTAGRAM PAGE 08

SERVICES PAGE 09

SELF DETERMINATION PAGE 10

CONTACT US/ MORE INFORMATION PAGE 11

# AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	FAMILY BINGO 5 NIGHT 5:30PM NATIONAL NIGHT OUT 5:30-8:30PM	6	7	8	9
ORIGAMI BOOKMARK 3PM	11	12	13	14	15	16
17	18	19	20	21	22	23
31	25	26	27	28	29	30

This is a tentative schedule; location, times, and dates may be changed at any time. Community events are not hosted or affiliated with ARIL. Please check for any updates on our with your DSP.





# **Community Events**







POLICE - COMMUNITY PARTNERSHIPS

RANCHO CUCAMONGA POLICE DEPARTMENT

## NATIONAL NIGHT OUT 2025

TUESDAY, AUGUST 5

5:30 P.M. - 8:30 P.M.

VICTORIA GARDENS

12505 N. MAIN STREET (BETWEEN MONET AVE./KEW AVE.)

#### **FREE ADMISSION**

- Emergency Vehicle Displays
- Child Safety Information
- Free Food Samples
- K-9 Unit

- Crime Prevention Information
- Meet Your Local Deputies
- Music
- Raffles

#### www.CityofRC.us

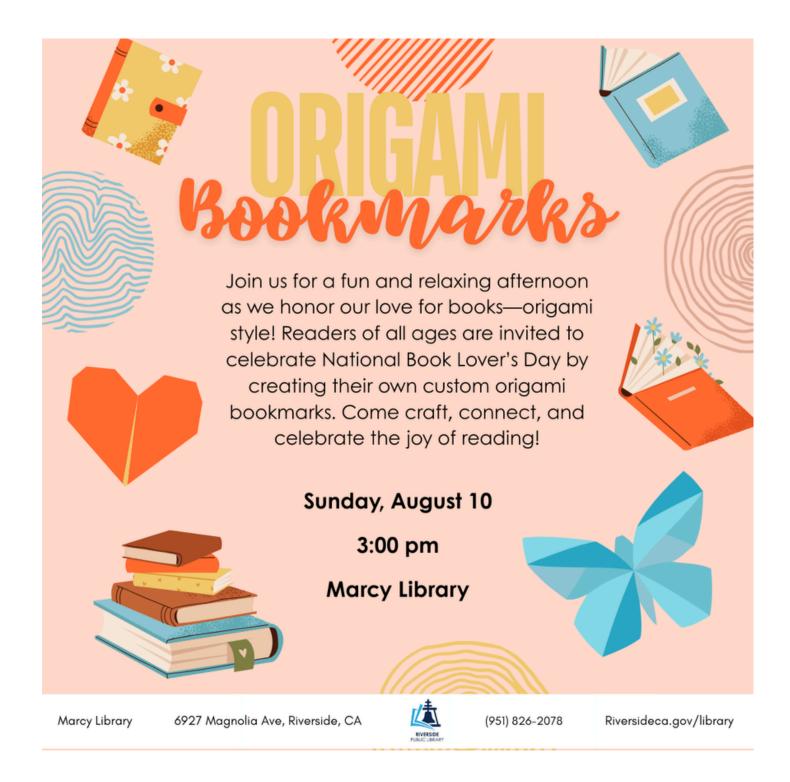
Join the Rancho Cucamonga Police Department for National Night Out 2025 for an evening dedicated to building stronger community partnerships and promoting public safety. This free, family-friendly event is a great opportunity to connect with your local deputies, learn about crime prevention, and enjoy a night of fun and education.

Come out and celebrate community, safety, and partnership with your neighbors!

# **Community Events**



# **Community Events**



Join in for a fun and relaxing afternoon as we honor our love for books - origami style! Readers of all ages are invited to celebrate National Book Lover's Day by creating their own custom origami bookmarks.

Come craft, connect, and celebrate the joy of reading!

# **Look Ahead: Community Events**



Sing, laugh, and make memories at the IncredABLES Friday Night Fun Club Karaoke Night! Join us on Friday, September 5, from 5:30 p.m. to 7:30 p.m. for an evening that celebrates music, community, and fun for all ages 8 and up. Whether you're ready to take the stage or simply enjoy the performances from the audience, there's something for everyone to enjoy. Tickets are just \$6.00 per person and include snacks and refreshments to keep the fun going all evening long!

#### Register:

# JULY RECAP







"However

difficult life may

seem, there is

always something

you can do and

succeed at."







STEPHEN HAWKING







Thank you to all our person served and their families for their continued support. ARIL appreciates all your participation and commitment to our program!

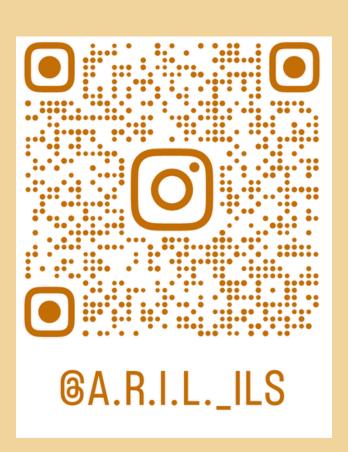






# FOLLOW ARIL ON INSTAGRAM!







## Services

ARIL offers in-person services
that are face-to-face in the
family home or the community.
ARIL follows all safety
precautions recommended by
the CDC and California state
policies when working with our
persons served. ARIL is proud
to have all our sessions in
person!

If you have any questions, please call our office at 909-843-2011

# ARIL accepts Self Determination Services

The Self-Determination Program (SDP) with Inland Regional Center (IRC) offers individuals with developmental disabilities greater control, flexibility, and choice in how they receive services and supports, compared to traditional IRC services. Under the SDP, participants receive an individualized budget based on their assessed needs and can choose service providers who do not have to be vendorized with IRC, giving them the freedom to design a customized plan that reflects their personal goals, cultural background, and lifestyle.

In contrast, traditional IRC services follow a more standardized approach, where case managers coordinate services through vendored providers within a structured system. While both models aim to support individuals in living fulfilling lives, the Self-Determination Program empowers participants with more autonomy and person-centered planning.



## **Our Services**



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)



Self Determination Program (SDP)

### **Contact**



909-843-2011 714-643-3541 (after hours)



DirectSupport@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

## **ARIL**

## **About Us**

ARIL is a vendor of Inland Regional Center (IRC) and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have three programs which include Independent Living, Supported Living Services, and Social Recreation Services. We provide these services both traditionally with IRC and through Self Determination. Check out our website for updates and program changes.

## Why Choose Us

ARIL is goal-oriented and focuses on working with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals (DSPs) are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!