

## **HAPPY NEW YEAR!**

Happy New Year! ARIL wishes you all a year full of happiness and success. As we welcome the new year ARIL encourages everyone to start goals to work on in 2023. Ask your DSP for help setting SMART goals and make a game plan that will set you up for success in the months to come. Don't get discouraged if there are challenges completing your goals, and practice communicating when you need help!

ARIL is excited to see everyone grow and succeed in 2023!



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# JANUARY 2023

				THURSDAY	FRIDAY	SATURDAY
New Jean	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Movie Day	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

This is a <u>tentative</u> schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.

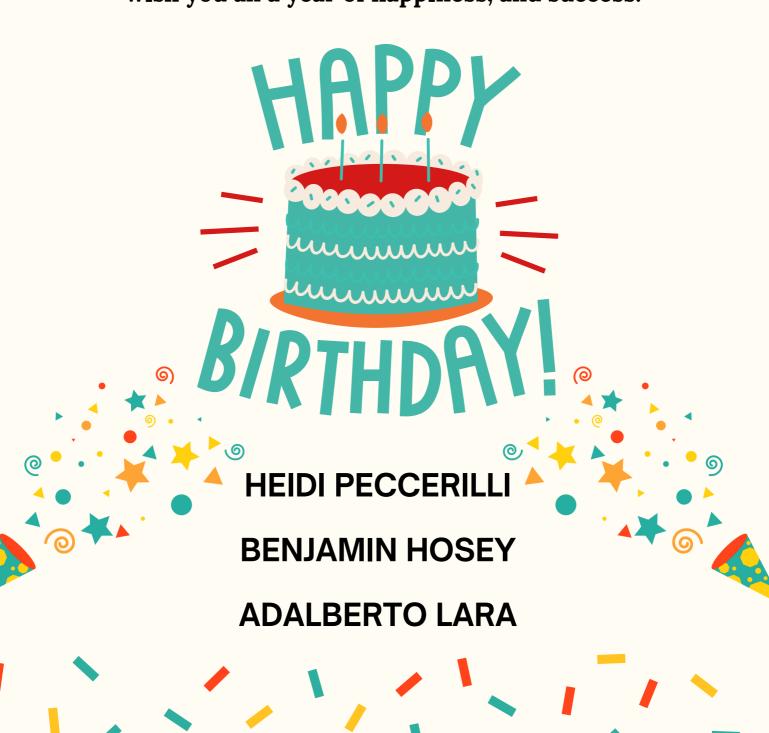








Please Join ARIL in giving a special shout out and wishing a Happy Birthday to our ARIL Person Served and DSP(s) who are celebrating another year! Happy Birthday from ARIL, we wish you all a year of happiness, and success!



## **December Recap**













ARIL is proud of our persons served this month! We had a great time seeing you all work on your goals. Keep working hard and we look forward to the amazing updates next month!

# "The road to success is always under construction."

LILY TOMLIN

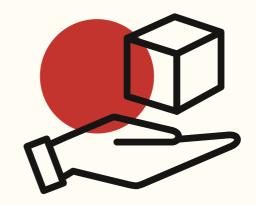


# Services



ARIL offers in-person services that are face-to-face in the family home or the community. ARIL follows all safety precautions recommended by the CDC when working with our persons served.

As of January 1st, 2023 ARIL will no longer offer teleservices to our persons served. ARIL is excited to fully resume all sessions in-person! If you have any questions please call our office at 909-533-4157





#### **Our Services**



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (Coming Soon)

#### **Contact**

- 909-533-4157
- ĭ directsupport@arildsp.com
- www.arildsp.com
- 2 12139 Mt. Vernon Ave #103 Grand Terrace California

# **ARIL**

#### **About Us**

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. ARIL will be adding a new program for Social Recreation in 2023! More information will become available in the upcoming months about our Social Recreation program and how to join. Check out our website for updates and program changes.

#### **Why Choose Us**

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!