

OCTOBER 2025

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

OCTOBER NEWSLETTER

As the air turns crisp, October wraps us in the magic of the fall season! The days grow shorter, the colors grow bolder, and there's a cozy energy in the air, inviting us to slow down, check in with ourselves.

At ARIL, we believe every season offers a new chance to grow, and fall is no exception. Just as trees let go of their leaves, we're reminded that it's okay to release what no longer serves us and make space for what's next. Through goal-focused sessions, we continue to create a supportive environment where everyone feels empowered, included, and valued.

With pumpkins on porches and Halloween just around the corner, it's a great time to check in on your own personal journey. Are your goals still aligned with where you want to go? Are there new ideas or interests bubbling to the surface? Fall is a season of change, and with change comes opportunity!



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OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	 17 BOO BASH IN THE CREST 5:00-8:00PM	 18 CECILIA'S HALLOWEEN PARTY 5:30-8:30PM
19	20	21	22	23	 24 GHOUL'S GALA 5:30-8:00PM	 25 SPOOKTACULAR 3:00-6:00PM
26 IVDSA BUDDY WALK 10:00AM 	27	28	29	30	31 HAPPY HALLOWEEN 	

This is a tentative schedule; location, times, and dates may be changed at any time.
Community events are not hosted or affiliated with ARIL. Please check for any
updates on our with your DSP.



Community Events



YOU'RE INVITED TO A

HALLOWEEN

PARTY

★
18
OCT.
2025

CECILIA'S
HOME

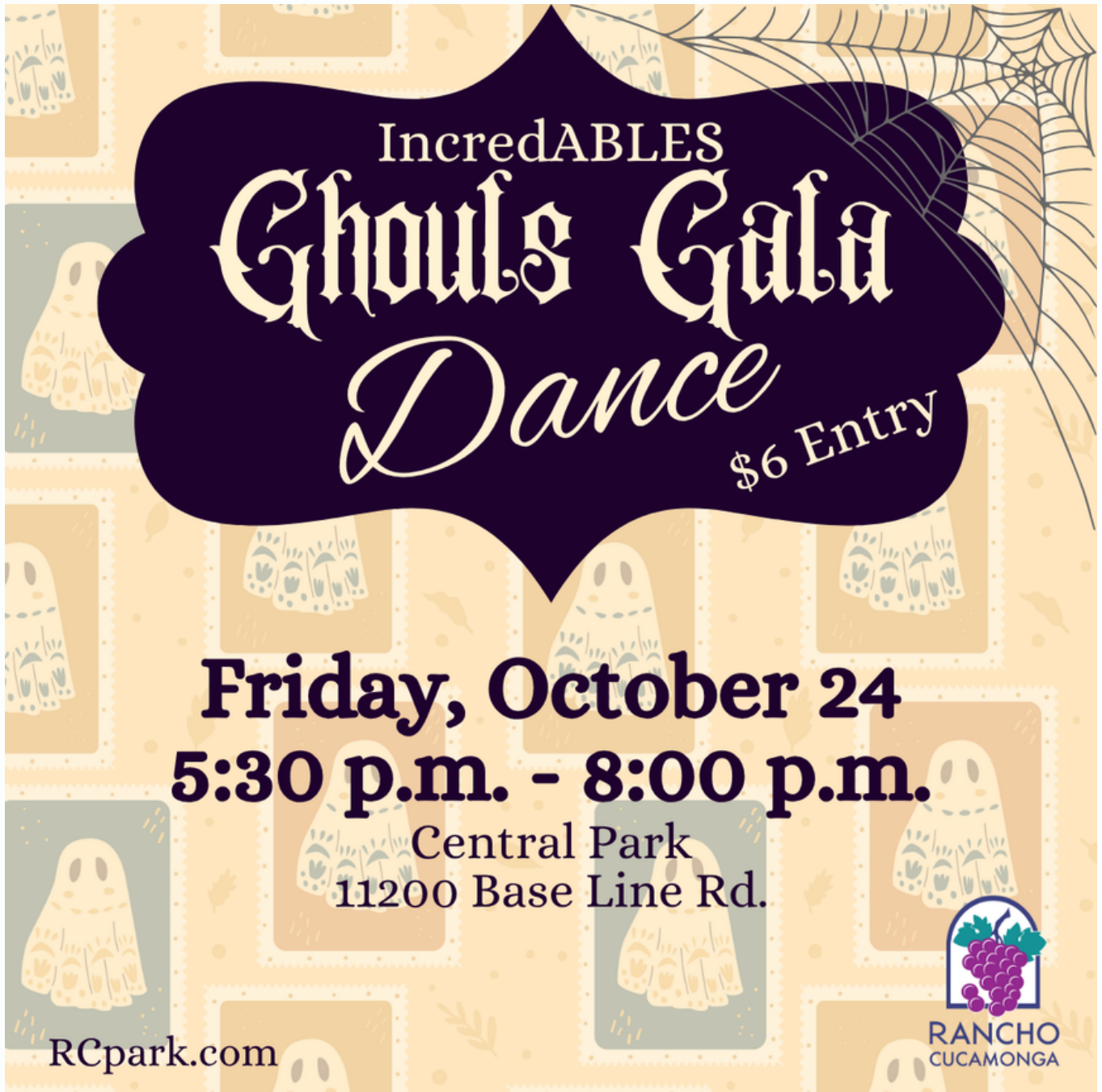
★
5:30-
8:30PM

LOCATION: 1824 WASHINGTON
ST. RIVERSIDE, CA 92506

RSVP: 714-643-3541



Community Events



IncredABLES
Ghoul's Gala
Dance
\$6 Entry

Friday, October 24
5:30 p.m. - 8:00 p.m.
Central Park
11200 Base Line Rd.

RCpark.com


RANCHO
CUCAMONGA

Let's have a ghoulish time at the IncredABLES inclusive Ghoul's Gala Dance on Friday, October 24 from 5:30 p.m. to 8:00 p.m. It'll be an evening filled with music, dancing and spooky fun. Enjoy a delicious meal, tasty treats, and snap pictures with your friends with our spooktacular backdrop. At just \$6 for everyone ages 8 and up. Why not make the night extra fun by putting on your best Halloween fit! Don't miss the chance to dance the night away!

Register: https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19244?onlineSiteId=0&locale=en-US&from_original_cui=true



Community Events



Something spooky is brewing in Rancho Cucamonga! Get ready for a hauntingly good time at our annual Spooktacular event on Saturday, October 25 from 3:00 p.m. to 6:00 p.m. at the RC Sports Center (8303 Rochester Ave.) Enjoy a FREE Trunk - or - Treat experience featuring candy, creatively decorated trunks, and frightful fun for the whole family! Grab a bite from a variety of tasty food vendors. Don't miss our Spooktacular Fun Zone packed with thrills such as carnival games, jumpers, spooky crafts, a pumpkin patch, and more for just \$10 per person (ages 3 and up) with a wristband. Dress to impress in your best costume and make the night extra fun!

Wristbands go on sale Monday, August 18 for residents and Monday, August 25 for non-residents.

Wristband Purchase Locations & Hours:

- RC Sports Center (8303 Rochester Ave.)
- Monday - Friday: 3:00 p.m. - 8:00 p.m.
- Central Park (11200 Base Line Rd.)
- Monday - Friday: 8:00 a.m. - 8:00 p.m.
- Saturday: 8:00 a.m. - 5:00 p.m.s!



Community Events

City of Riverside Parks Recreation and Community Services

Halloween HAPPENINGS

BORDWELL PARK - EASTSIDE FALL FESTIVAL

Oct.11 | 10 a.m. - 1 p.m. | \$3 Funzone Area

ORANGE TERRACE PARK - BOO BASH IN THE CREST

Oct.17 | 5 - 8 p.m.

(Co-Sponsored by the Orange Terrace Advisory Committee)

REID PARK - HALLOWEEN SPOOKTACULAR

Oct.18 | 5:30 - 8:30 p.m.

(Co-Sponsored by the Reid Park Advisory Team)

HUNT PARK - SPOOKY SPOOKTACULAR FESTIVAL

Oct.23 | 5 - 8 p.m.

VILLEGAS PARK - HALLOWEEN CARNIVAL

Oct.24 | 6 - 8 p.m.

(Co-Sponsored by the Villegas Park Advisory Committee)

ARLINGTON HEIGHTS SPORTS PARK - YOUTH SPORTS SPOOKTACULAR

Oct.25 | 10 a.m. - 1 p.m.

NICHOLS PARK - HALLOWEEN CARNIVAL

Oct.29 | 5 - 8 p.m.

YOUTH OPPORTUNITY CENTER - MONSTER BASH

Oct.30 | 5 - 7 p.m. | For Grades 7 - 12

BRYANT PARK - GHOUL'S NIGHT OUT

Oct.31 | 5 - 7 p.m.

(Co-Sponsored by the Arlanza Advisory Board)

FREE EVENTS

Open To All Ages

Bring Your Little
Scarecrows And
Pumpkins For A Day Of
Halloween Fun!

FEATURING:

Special Trick-or-Treat Stations

Inflatables

Snacks

Carnival Games

Halloween Themed Activities

*Activities May Vary.
Some Booths May Charge A Nominal Fee.

Community Event

IVDSA Buddy Walk



Mark your calendar for **Sunday, October 26th** at **Memorial Park in Claremont**—it's going to be a day full of joy, inclusion, and community as we celebrate individuals with Down syndrome!

What to Expect:

- Fun games & crafts
- Live music & entertainment
- Local vendors & community resources
- And of course... the most inspiring walk of the year!

Check-in time: 10:00am

Walk Begins: 11:30am

All activities & games will be available both before and after the Walk!

Register: <https://charity.pledgeit.org/ivdsabuddywalk2025>

Look Ahead: Community Event



Let your creativity shine at our IncredABLES inclusive Adaptive Street Art event on Friday, November 7, from 5:30–7:30 p.m. This vibrant, all-abilities celebration is open to everyone ages 8 and up and is packed with colorful fun, hands-on art, drawing, and creativity around every corner. Fuel your imagination with snacks and refreshments, all included for just \$6 per person! Connect, create, and celebrate inclusion in the most artistic way possible.

Register:

https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19246?onlineSiteId=0&locale=en-US&from_original_cui=true

OCTOBER RECAP



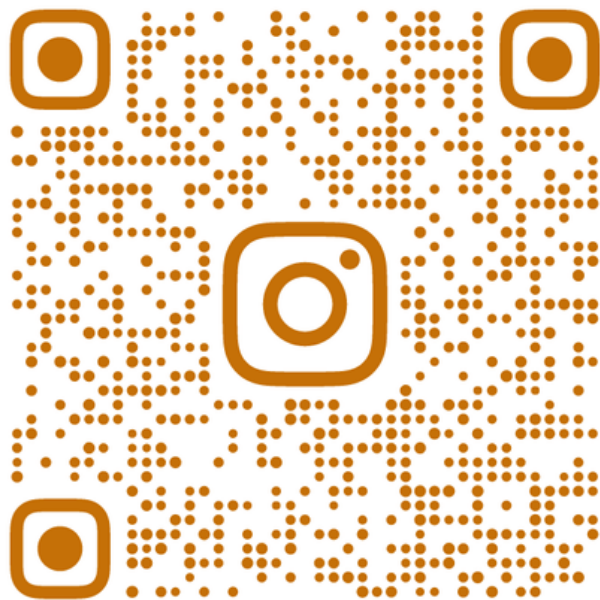
*"However
difficult life may
seem, there is
always something
you can do and
succeed at."*

STEPHEN HAWKING

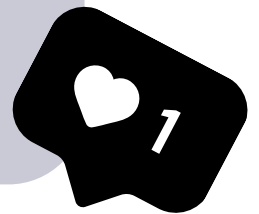
We sincerely thank all the individuals we serve and their families for their ongoing support. Your continued participation and dedication to the ARIL program are truly appreciated!



FOLLOW ARIL ON INSTAGRAM!



@A.R.I.L._ILS



@A.R.I.L._ILS 

Services

ARIL offers in-person services that are face-to-face in the family home or the community.

ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011



Self Determination Services

The Self-Determination Program (SDP) with Inland Regional Center (IRC) offers individuals with developmental disabilities greater control, flexibility, and choice in how they receive services and supports, compared to traditional IRC services. Under the SDP, participants receive an individualized budget based on their assessed needs and can choose service providers who do not have to be vendorized with IRC, giving them the freedom to design a customized plan that reflects their personal goals, cultural background, and lifestyle.

In contrast, traditional IRC services follow a more standardized approach, where case managers coordinate services through vendored providers within a structured system. While both models aim to support individuals in living fulfilling lives, the Self-Determination Program empowers participants with more autonomy and person-centered planning.



ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)



Self Determination Program (SDP)

Contact



909-843-2011

714-643-3541 (after hours)



DirectSupport@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL

About Us

ARIL is a vendor of Inland Regional Center (IRC) and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have three programs which include Independent Living, Supported Living Services, and Social Recreation Services. We provide these services both traditionally with IRC and through Self Determination. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal-oriented and focuses on working with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals (DSPs) are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!