

THE POMEGRANATE

The Official Newsletter of ARIL

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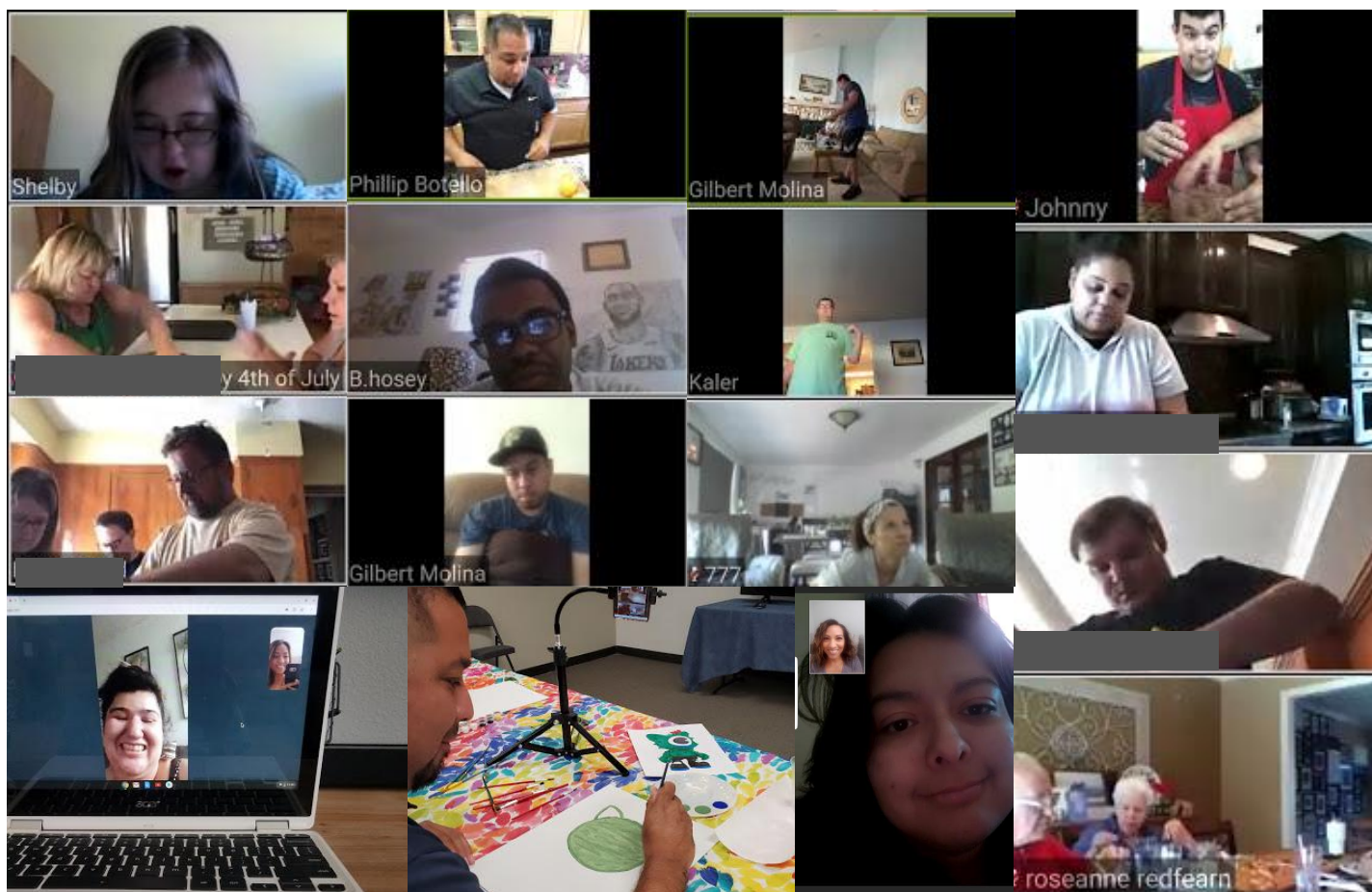
ARIL WEBSITE UPDATE

CHECK OUT OUR WEBSITE FOR MORE INFORMATION

ARIL & Virtual Interactions

ARIL has been providing services through virtual meetings. During these meetings Persons Served are able to learn and work on their goals and objectives in real time along side their staff.

Some of these virtual classes include cooking, exercising, art and game night! Anyone can participate in one of these sessions. All they have to do is download the zoom app and register online through our website. If materials are needed for the zoom session, ARIL will deliver. We are in the process of coordinating Nutrition, Budgeting and Goal Setting classes as well.





August Virtual Activities & Events

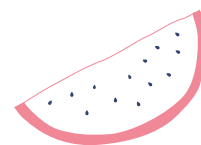
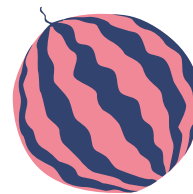
SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4 Cooking @ 3pm	5 Social Club @ 1pm	6 Exercise @ 7pm	7 Video Game Chat @ 3pm	8
9	10 Game Night @ 7pm	11 Cooking @ 3pm	12 Social Club @ 1pm	13 Exercise @ 7pm	14 Video Game Chat @ 3pm	15
16	17 ART @ 12pm	18 Cooking @ 3pm	19 Social Club @ 1pm	20 Exercise @ 7pm	21 Video Game Chat @ 3pm	22
23	24 Game Night @ 7pm	25 Cooking @ 3pm	26 Social Club @ 1pm	27 Exercise @ 7pm	28 Video Game Chat @ 3pm	29
30	31 ART @ 12pm	This is a tentative schedule, times and dates may be changed at any time. Please check for any updates on our website				

All Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Staff or the ARIL office. You can also check out our website to view videos on how to use ZOOM.

****Sign up for these activities & Events on our website at ARILDSP.COM****

Important details on Zoom Sessions



August 5th-Animal/Pet Show & Tell

August 19th-Talent Show for the Social Club



August Cooking classes-all recipes will be on website prior to class

ARIL is Updating its Website!

<http://ARILDSP.COM>

This August ARIL will be launching a newly updated website. The website will include new features such as details on information regarding ILS and SLS services, information on our staff, and community involvement. Keep checking our website throughout month of August to see what's new! We look forward to seeing you there!



Check Out Our Website for More Information on the Pandemic

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

Together We Can Overcome #STOPTHESPREAD

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)