

The Official Newsletter of ARIL



ARIL IS STILL ASSISTING PERSONS SERVED

WHAT IS COVID-19 /CORONAVIRUS?

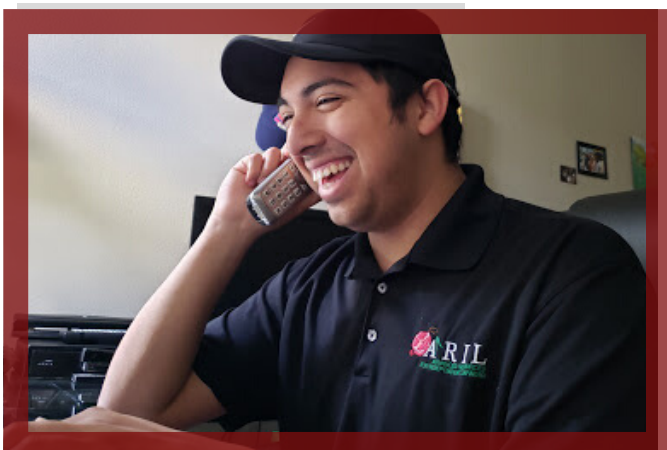
TIPS ON HOW TO PREVENT COVID-19 & THE FLU

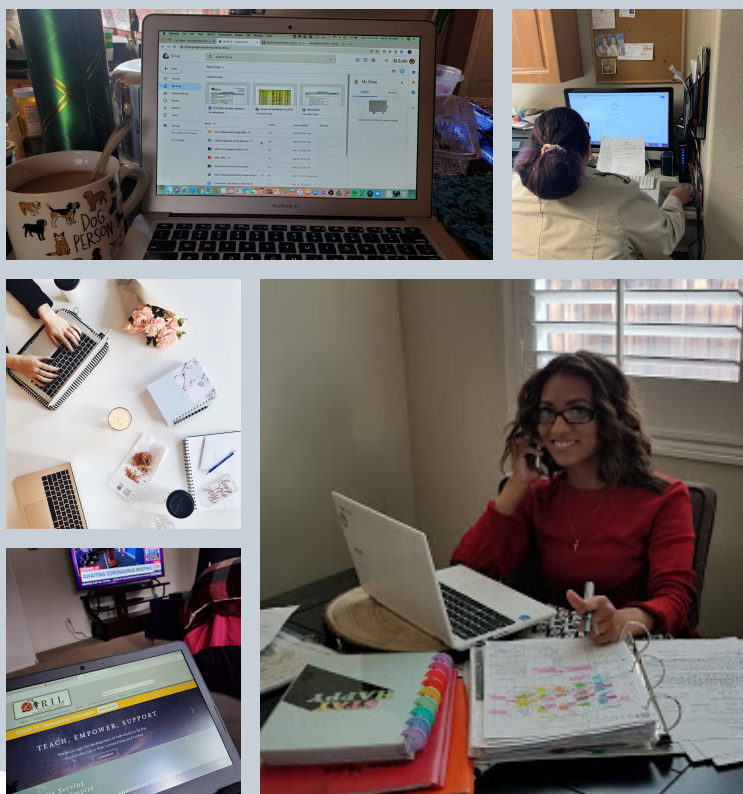
STAYING POSITIVE WHILE QUARANTINED

ARIL is still assisting Persons Served

Due to our ongoing efforts to monitor the changing status of the novel coronavirus (COVID-19) and determine how best to uphold our commitment to the health and safety of our staff, persons served, and their families, assessments have been made regarding direct service activities. ARIL will continue to provide services by working with Persons Serve through phone sessions called quality check-ins.

Our Direct Support Staff are still working hard on assisting Persons Served through mobile communications. The way our mobile communication works is that Direct Support Staff will call their Persons Served during the time they normally meet them. For example, if a Direct Support Staff works with a Person Served on Wednesdays at 1pm, then that is the time and date a call will take place.



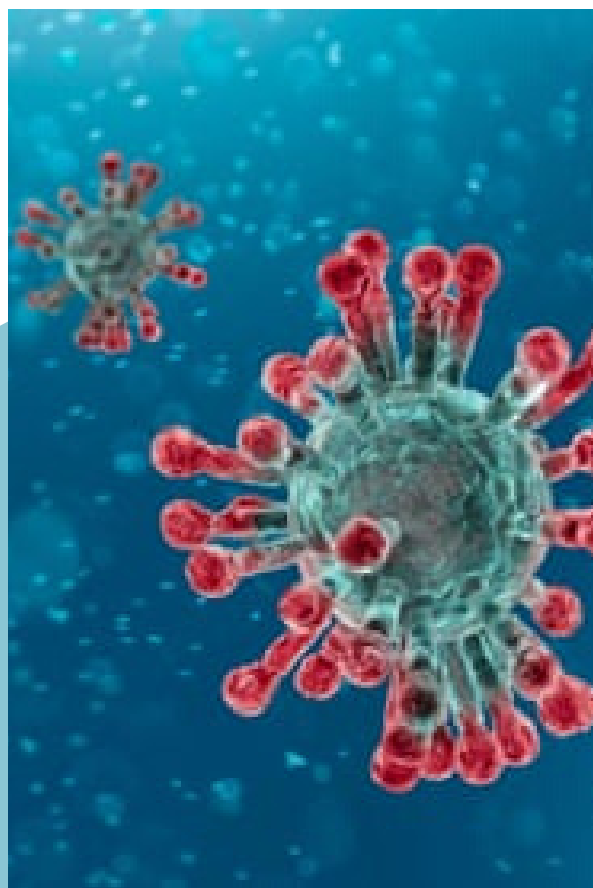


Now, ARIL has created questionnaires for Direct Support Staff to follow when they are making their calls. These questionnaires are designed to ask specific questions regarding the current affairs of our country as well as what is occurring in their daily lives and if they are in need of face-to-face assistance. This would include if they are in need of supplies or medical needs. Also to make sure they are keeping busy and staying productive while quarantined.

What is COVID-19/ Coronavirus?

CDC is responding to a pandemic of respiratory disease spreading from person-to-person caused by a novel (new) coronavirus. The disease has been named “coronavirus disease 2019” (abbreviated “COVID-19”). This situation poses a serious public health risk. The federal government is working closely with state, local, tribal, and territorial partners, as well as public health partners, to respond to this situation. COVID-19 can cause mild to severe illness; most severe illness occurs in older adults.

The novel coronavirus is a virus identified as the cause of respiratory illness first detected in December 2019 in Wuhan, China. The virus causing COVID-19 can cause mild-to-severe respiratory illness with fever, cough, and difficulty breathing.



Tips on How to Prevent COVID-19 and the Flu

There is currently no vaccine to prevent the coronavirus disease 2019 (COVID-19), so it very important you take these steps to protect yourself and others from being exposed to this virus.

Taking Steps to Protect Yourself

Clean Your Hands Often

- Wash your hands with soap and water for at least 20 seconds Use hand sanitizer that contains at least 60% Alcohol
- Avoid Touching your eyes, nose, and mouth with unwashed hands

Avoid Close Contact

- Avoid close contact with those who are sick
- Keep a 6 feet distance between yourself and others

Take Steps to Protect Others

Stay at Home

- Stay at home if you are feeling sick
- Partake in Self Quarantine and minimize going out in public

Clean and Disinfect

- Clean and disinfect surfaces frequently. Such as tables, doorknobs, handles, phones, and more
- If a surfaces are dirty, clean them

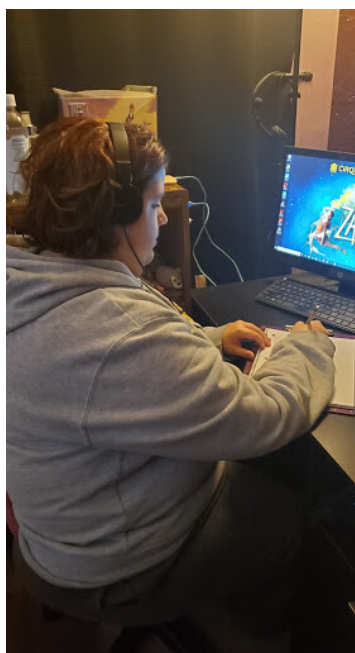
Going out in Public

- Wear gloves, but remember to change them out ever so often to avoid having dirty gloves.
- Wear a facemask if you are feeling sick



Staying Positive While Quarantine

While Direct Support Staff completed their quality check-ins, they been asking how their Persons Served have been keeping busy during quarantine. Here are a few people, who wanted to share what they have been doing by themselves and their families during this pandemic.



Here you can see that Eva is spending her days in quarantine working on her writing skills. She is a very talented writer and has a strong passion to write stories. Hopefully, one day we will see her with the best selling novel!

Ideas for productivity: Walk, Bake, Garden



Check This Out!



Don't know what to do while quarantined? Well, check out Hunter's Video Streams online. Hunter is a gamer and wants to show off his skills to the world. Hunter is doing an amazing job by creating his own website and making his own merchandise. If you love games and watching videos of people playing games, Hunter's stream is the one you want to watch!

Check him out on his site at:

huntmanwanderer.cybergameway.com

OUR MISSION

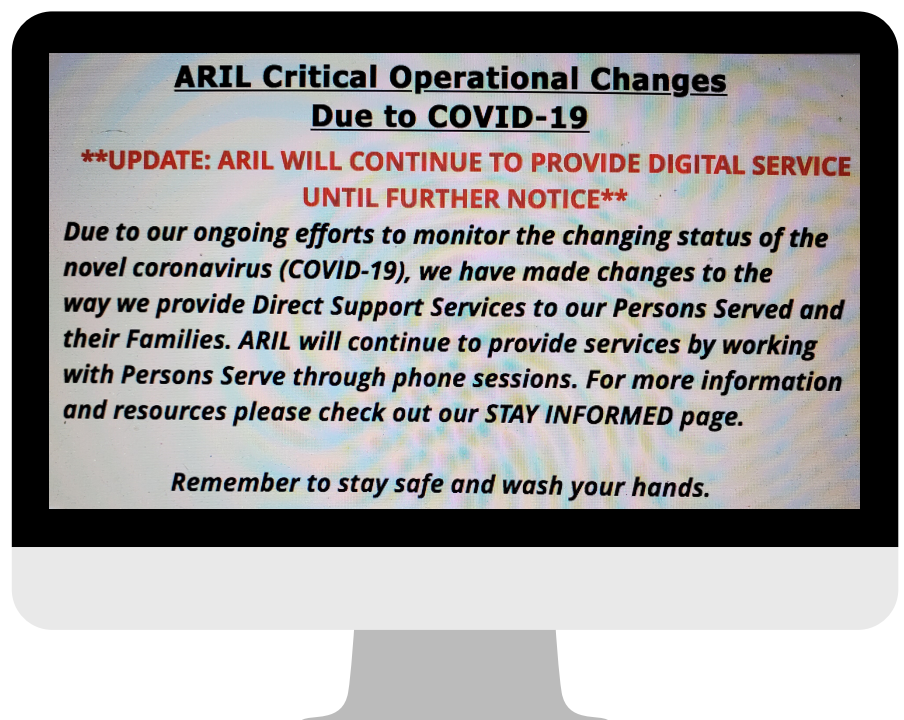


Is to bring streamers not as a company, or a platform, but as a team to bring a great community together. We have our own Merch for sale.

Now about me, I am a Streamer known as HuntmanWanderer, now apart of the CyberGameway community. I also have Autism, I am working hard to bring people, friends, family, and others together.

Check Out Our Website for More Information on this Pandemic

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can still be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.



What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)