

OCTOBER 2024

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

OCTOBER NEWSLETTER

We hope you all had a great summer and are excited for the fall season. As the weather grows cooler we'll all be able to plan more fun events in the community. For those who celebrate Halloween, it's the perfect time to start planning your Halloween costumes!

Please remember to practice safety during all your fall activities and follow up with your ARIL DSP to help you plan any events you would like to participate in! Check out the Community Events pages in our newsletter for fun activities in your area.



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OCTOBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17 GREAT AMERICAN SHAKEOUT 	18	19 SPOOKTACULAR 3PM-6PM 
20 BUDDY WALK 10AM-2PM 	21	22	23	24	25	26
27	28	29	30	31 Happy Halloween! 	1	2



2024 GREAT AMERICAN SHAKEOUT WITH INLAND REGIONAL CENTER (IRC)



We are thrilled to invite you to participate in the 2024 Great American ShakeOut with Inland Regional Center (IRC) from your home, program, or office on **October 17, 2024, at 10:17 a.m.** This annual earthquake drill provides a crucial opportunity for all of us to practice earthquake safety and preparedness.

Living in California, we understand the importance of being ready for earthquakes. Whether you're at home, at work, or in the community, knowing how to "Drop, Cover, and Hold On" during an earthquake is essential to staying safe.

We strongly encourage all IRC vendors, parents, clients, and community-based organizations to join this important drill.

Here's how you can get involved:

- Register for the ShakeOut at www.shakeout.org (optional).
- Practice "Drop, Cover, and Hold On" at the designated time.
- Review your emergency plans and confirm that you have essential supplies such as water, food, medications, and other necessities for you and your loved ones.
- Spread the word by sharing this [information](#) with your networks and encouraging them to participate.

For more information or additional resources on earthquake preparedness, visit www.shakeout.org.

Community Events

MEMORIAL PARK AT
840 N. INDIAN HILL BLVD
CLAREMONT, CA 91711



2024

BUDDY WALK

SUNDAY, OCTOBER 20, 2024

10AM-2PM

GET READY FOR AN AMAZING DAY AT THE BUDDY WALK, FILLED WITH EXCITING ACTIVITIES FOR EVERYONE! THE EVENT WILL FEATURE DJ FRANK AND A PHOTO BOOTH, BOTH FROM LAKESIDE DJ SERVICES, A KID ZONE, CARNIVAL GAMES, RESOURCE TABLES, A BAKE SALE, ARTS & CRAFTS, PUMPKIN DECORATING, THE LIZARD WIZARD WITH HIS FASCINATING REPTILES, COSTUME PLAYERS, AND SO MUCH MORE! ACTIVITIES RUN FROM 10:00 AM TO 2:00 PM, WITH REGISTRATION BEGINNING AT 10:00 AM AND THE WALK KICKING OFF AT 11:30 AM. DON'T MISS OUT ON THE FUN AND THE CHANCE TO SUPPORT OUR WONDERFUL COMMUNITY!



GRAND MARSHAL AMIRA AYUB



INLAND VALLEY
DOWN SYNDROME
ASSOCIATION
FOR MORE INFORMATION,
VISIT THE IVDSA WEBSITE: IVDSA.ORG



Kiwanis
CLUB OF CLAREMONT

BUDDY WALK
INFORMATION

SCAN ME



Community Events



Join the city of Rancho Cucamonga for the highly anticipated annual Spooktacular event on Saturday, October 19, at the RC Sports Center (8303 Rochester Ave.), from 3:00 p.m. to 6:00 p.m.

Families are encouraged to attend this fun-filled event and enjoy a free Trunk-or-Treat area collecting all the best Halloween goodies and candies, all decked out in their best Halloween costume(s). There's also the opportunity to purchase a wristband to gain access to the Fun Zone area filled with carnival games, jumpers, and crafts!

Wristbands are available to purchase for \$10 per person. Wristbands can be purchased at Central Park (11200 Baseline Rd.) or at the RC Sports Center (8303 Rochester Ave.) during regular business operating hours.

*For adults accompanying children and not participating in carnival games or fun zone activities, wristbands are not required.



Community Events



FREE EVENT
OPEN TO ALL AGES
BRING YOUR LITTLE
GHOULS AND GOBLINS
FOR A DAY OF
HALLOWEEN FUN!

Featuring special trick-or-treat stations, inflatables, snacks, carnival games and Halloween themed activities.

* Activities may vary. Some booths may charge a nominal fee.

951.826.2000 | parks@riversideca.gov

BOROWELL PARK*

Eastside Fall Festival
Oct. 12 • 10 a.m. - 1 p.m.

FUN ZONE \$3 to include Fall Art Corner, Face Painting, Arts and Crafts, Petting Zoo, Pony Rides, Pumpkin Patch Photo opts, Toddler Zone.

ORANGE TERRACE PARK

Boo Bash in the Crest

Oct. 18 • 5 - 8 p.m.

(co-sponsored by the
Orange Terrace Advisory Committee)

REID PARK

Halloween Spooktacular

Oct. 19 • 5:30 - 8:30 p.m.

(co-sponsored by the
Reid Park Advisory Team)

NICHOLS PARK

Halloween Carnival

Oct. 23 • 5 - 8 p.m.

VILLEGAS PARK

Halloween Carnival

Oct. 24 • 5 - 7:30 p.m.

(co-sponsored by the
Villegas Park Advisory Committee)

HUNT PARK

Spooky Spooktacular Festival

Oct. 25 • 5 - 8 p.m.

(co-sponsored by the
Hunt Park Advisory Board)

BRYANT PARK

Ghoul's Night Out

Oct. 31 • 5 - 7 p.m.

(co-sponsored by the
Arianza Advisory Board)



Join the city of Riverside for Halloween Fun! The city of Riverside will be hosting free Halloween events starting from October 12th to October 31st at various parks in the city. Call 951.826.2000 for more details and information!

Halloween Safety Tips

- 
- S**tay in groups
 - C**ostumes should be well fitting and flame resistant
 - A**lways test makeup
 - R**emember to look both ways when crossing streets
 - E**xamine all treats before eating
 - S**tay on sidewalks when possible
 - A**void dark houses
 - F**lashlights + glowsticks for visibility
 - E**njoy with caution!

**American
Safety Council**



SEPTEMBER RECAP



*"However difficult
life may seem,
there is always
something you can*

do and succeed at."

STEPHEN HAWKING



Thank you to all our person
served and their families for
their continued support.
ARIL appreciates all your
participation and
commitment to our
program!





AUTUMN

WORD SEARCH

Find the words below in the word search.

S	A	S	P	D	B	F	G	C	E	A	H
C	S	Q	U	I	R	R	E	L	J	C	I
A	K	U	M	L	A	M	N	E	P	O	S
R	Y	A	P	W	K	V	H	A	U	R	T
E	Z	S	K	A	E	B	A	F	C	N	J
C	L	H	I	J	H	G	R	A	I	N	A
R	K	M	N	K	I	G	V	E	F	D	C
O	P	N	H	E	D	G	E	H	O	G	K
W	Q	S	R	T	U	X	S	W	Q	Y	E
C	H	E	S	T	N	U	T	A	D	Z	T

SQUIRREL
ACORN
PUMPKIN
LEAF

CHESTNUT
HARVEST
RAIN
HEDGEHOG

SCARECROW
RAKE
SQUASH
JACKET

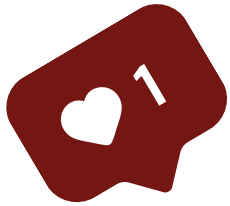
Services

ARIL offers in-person services that are face-to-face in the family home or the community.

ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011

FOLLOW ARIL ON INSTAGRAM!



@A.R.I.L._ILS 



ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (Coming Soon)

Contact



909-843-2011
714-643-3541 (after hours #)



directsupport@arildsp.com



www.arildsp.com

ARIL

About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. ARIL will be adding a new program for Social Recreation in 2023! More information will become available in the upcoming months about our Social Recreation program and how to join. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!