



DECEMBER 2025

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

DECEMBER NEWSLETTER

Happy Holidays from ARIL!

As the year comes to a close, we wish you and your loved ones a joyful Holiday season filled with peace, warmth, and celebration. This festive time is a wonderful opportunity to slow down, reflect on the memories we've made, and appreciate all that we've accomplished together throughout the year.

The holiday season is also a beautiful reminder of the power of kindness and community.

From all of us at ARIL, may your days be merry and bright. Wishing you a safe, cozy, and wonderful Christmas, and a happy, hopeful New Year!



THIS ISSUE:

NEWSLETTER INTRO
PAGE 01

CALENDAR
PAGE 02

COMMUNITY EVENTS
PAGE 03-06

RECAP
PAGE 07

INSTAGRAM
PAGE 08

SERVICES
PAGE 09

SELF DETERMINATION
PAGE 10

CONTACT US/ MORE
INFORMATION
PAGE 11

DEC. 2025

DECEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 HOLLY JOLLY SOIREE 5:30 - 8:30PM	6
7	8	9	10	11	12	13
14	15 WINTER GALA IRC 5 - 7PM	16	17	18	19	20
21	22	23	24 Christmas Eve 	25 MERRY CHRISTMAS ARIL OFFICE CLOSED	26 FRIENDLY STARS 6 - 8PM	27
28	29	30	31 NEW YEARS EVE 			

This is a tentative schedule; location, times, and dates may be changed at any time. Community events are not hosted or affiliated with ARIL. Please check for any updates on our with your DSP.



Community Events

 RANCHO CUCAMONGA

FRIDAY NIGHT FUN CLUB INCREABLES



\$6 ENTRY

FRIDAY, DECEMBER 5
5:30 P.M. – 8:00 P.M.

Central Park
11200 Base Line Rd.

RCpark.com

Get ready to jingle at our IncredABLES inclusive Holly Jolly Soiree on Friday, December 5, from 5:30 p.m. to 8:00 p.m. Open to everyone in our inclusive community ages 8 and up, this joy-filled evening features holiday music, tasty treats, festive fun, and plenty of cheerful surprises. Tickets are just \$6 per person and include all activities. Let's make this season merry and bright!

Register:

https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19245?onlineSiteId=0&locale=en-US&from_original_cui=true

Community Events



You're Invited to an Elegant

WINTER *Gala*

Join us for a festive evening of dining, music, and celebration
as we close the year in style.

Registration is required. Please scan the QR code.



DECEMBER 15, 2025
5:00 PM-7:00 PM

1425 S Waterman Ave,
San Bernardino, CA 92408

*Dress Code:
Formal Attire Encouraged*

THANK YOU TO OUR SPONSORS

The Client Advisory Committee (CAC) is a social and advocacy group for IRC clients 16 and older

24 hour home care

For more information or questions about this event please email:
community@inlandrc.org

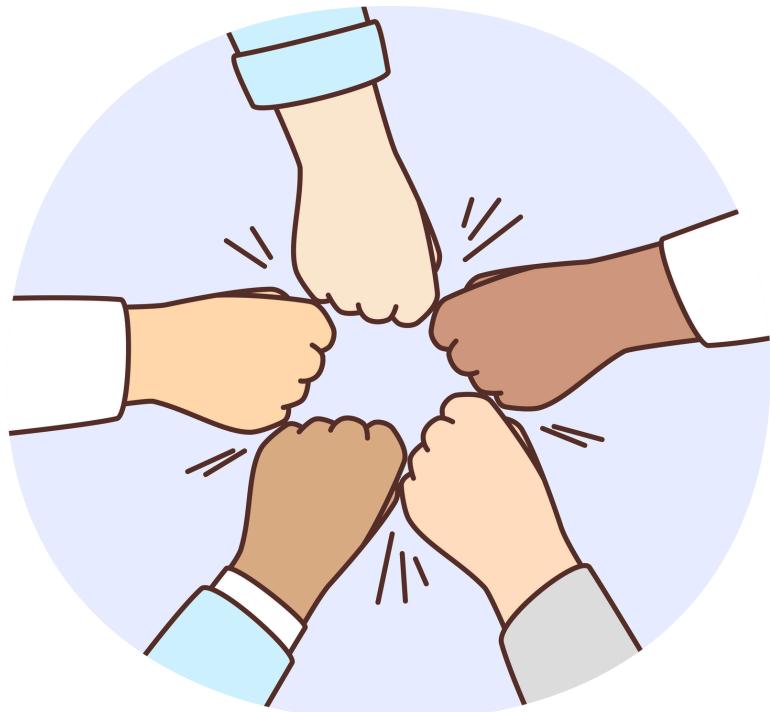


[Register: https://www.eventbrite.com/e/irc-cac-winter-gala-tickets-1974412293319?aff=oddtdtcreator](https://www.eventbrite.com/e/irc-cac-winter-gala-tickets-1974412293319?aff=oddtdtcreator)

Community Events

Adaptive Recreation - Building Inclusive Experiences

Friendly Stars



Description

Friendly Stars is a social recreation program for adult adaptive learners 18 and older. La Sierra Senior Center 951-351-6435. The program will not be held on the 5th Friday of the month (Friday, July 4 August 29, October 31, November 28 and December 26.)

Jul 4, 2025 - Dec 26, 2025

LSSC - Ballroom (Full)

Age at least 18 yrs but less than 100 yrs, Mixed

Special InterestAdult

6:00 PM - 8:00 PM

Located in: La Sierra Park

Address: 5215 La Sierra Ave, Riverside, CA
92505

Register:

https://anc.apm.activecommunities.com/riversideprcsd/activity/search/detail/68634?onlineSiteId=0&locale=en-US&from_original_cui=true



Community Event

Mission Inn Festival Of Lights



The 2025 Festival of Lights returns this holiday season featuring lighted decorations and photo opportunities, food vendors, and activities.

Enjoy millions of holiday lights in Downtown Riverside with holiday-themed decorations in the downtown area at what has become one of the nation's most popular holiday events and light displays.

For more information: <https://riversideca.gov/fol/>

DURATION: NOV 22, 2025 - JAN 6, 2026
CLOSED THANKSGIVING & CHRISTMAS DAY

NOVEMBER RECAP



"However difficult life may seem, there is always something you can do and succeed at."

STEPHEN HAWKING



We sincerely thank all the individuals we serve and their families for their ongoing support. Your continued participation and dedication to the ARIL program are truly appreciated!



FOLLOW ARIL ON INSTAGRAM!



@A.R.I.L._ILS



@A.R.I.L._ILS 





Services

ARIL offers in-person services that are face-to-face in the family home or the community.



ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011



Self Determination Services

The Self-Determination Program (SDP) with Inland Regional Center (IRC) offers individuals with developmental disabilities greater control, flexibility, and choice in how they receive services and supports, compared to traditional IRC services. Under the SDP, participants receive an individualized budget based on their assessed needs and can choose service providers who do not have to be vendorized with IRC, giving them the freedom to design a customized plan that reflects their personal goals, cultural background, and lifestyle.

In contrast, traditional IRC services follow a more standardized approach, where case managers coordinate services through vendorized providers within a structured system. While both models aim to support individuals in living fulfilling lives, the Self-Determination Program empowers participants with more autonomy and person-centered planning.





ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services

-  Independent Living Skills (ILS)
-  Supported Living Skills (SLS)
-  Social Recreation (SRA)
-  Self Determination Program (SDP)

Contact

-  909-843-2011
714-643-3541 (after hours)
-  DirectSupport@arildsp.com
-  www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL



About Us

ARIL is a vendor of Inland Regional Center (IRC) and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have programs which include Independent Living, Supported Living Services, and Social Recreation Services. We provide these services both traditionally with IRC and through Self Determination. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal-oriented and focuses on working with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals (DSPs) are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!