THE POMEGRANATE

The Official Newsletter of ARIL

IN THIS ISSUE:

Welcome Spring

April Calendar

Details on Activities & Events

ARIL In Person Event info

Services

Community Resource Alert: RTA

March Recap

Check Out Our Website for More

Information



Welcome Spring!

Spring is officially here! This month ARIL would like to challenge you all to spend more time outside getting fresh air, going on walks, or painting outdoors! April 22nd is Earth day and what a perfect reminder for us all to take a moment to appreciate how beautiful our planet is.

At ARIL we are excited for warmer weather, sunny skies and more opportunities to enjoy nature. This month ARIL will be hosting a picnic and basketball game at the Spring Mt. Ranch Park in Riverside where persons served can enjoy the day and play games! Please remember to follow up with your DSP if you are interested in attending to make sure you stay updated on any changes. Check out our event flyer on pg.4 for more event details.

In other news, our Executive Director Jasmin Botello has a new phone number you can call if you would like to contact her directly. Her new number is (909)843-2431. Please remember you may also call our office number at (909)533-4157 or send an email to directsupport@arildsp.com for any questions!



April 2022

SUN	MON	TUES	WED	THUR	FRI	SAT
					Social Hour @11am	2
3	4	Technology Chat @2pm	6 Daily Living Skills @1pm	7	8 Social Hour @11am	9
10	11	Safety Class @2pm	Community Resource Awareness @ 1pm	*In Person* Park/Basketball 11am-2pm	Social Hour @11am	16
17	18	Technology Chat @2pm	Daily Living Skills @1pm	21	Social Hour @11am	23
24	25	Safety Class @2pm	Community Resource Awareness @ 1pm	28	Social Hour @11am	30

This is a <u>tentative</u> schedule, times and dates may be changed at any time.

<u>Please check for any updates on our website</u>

Most Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Professional or the ARIL office. You can also check out our website to view videos on how to use ZOOM.



Details on Activities and Events

SAFETY CLASS @2pm



4/12, 4/26

IMPORTANT INFORMATION ABOUT EVENTS & CLASSES

Please note that some events and classes have changed. Events and classes may have different dates and times. Make sure you check the dates and times of the events and classes you would like to attend.

Technology Chat @2pm



4/5, 4/19

DAILY LIVING SKILLS @1PM



4/6, 4/20

IN PERSON
PARK/BASKET
BALL GAME



April 21, 2022 10am-12pm

COMMUNITY RESOURCE AWARENESS @1PM



4/13, 4/27

SOCIAL HOUR @11AM



4/1, 4/8, 4/15, 4/22, 4/29

2022 Basketball Game and Picnic!

Wear comfortable shoes and clothing to this event and don't forget to bring, water, snacks, lunch, chair or picnic blanket! You may also bring your own basketball.

> Date: April 14, 2022 11am-2pm

Location: Spring Mountain Ranch Park Symphony Dr, Riverside, CA 92507*







Community Resource Alert: RTA

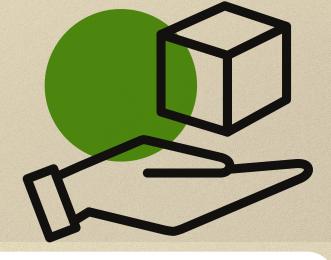
ALLBUS RIDES 25¢ MARCH 1 – APRIL 30 COLLEGE STUDENTS & YOUTH RIDE FREE Riverside Transit Agency RiversideTransit.com

Riverside Transit Agency: "We're Rolling Back our Fares to 1977! All Bus Rides 25¢ In celebration of our 45-year anniversary, all customers pay just 25 cents to ride RTA buses anywhere we go, anytime we operate! Plus, Dial-Ride passengers ride for just \$1 per zone, and youth and students from participating colleges ride free. And yes, you can use the Token Transit app to pay the special fare. Quarter fares are available March 1 through April 30."

Services

ARIL offers remote services via zoom and video calls. All teleservices are goal oriented and focused on teaching independent living skills using power points, discussions and learning videos.

ARIL offers in person services that are face-to-face in the family home or in the community. ARIL follows COVID-19 precautions recommended by the CDC.





ARIL offers a hybrid program. Persons Served can receive a combination of remote and in person services. These services can change month to month according to the needs of the person served.

March Recap











March

ARIL persons served worked hard in March to accomplish their goals!

Many of our persons served worked on baking and cooking skills this past month with the help of their DSP. ARIL is proud to support our persons served in creating simple meals to assist them in their independence and skill development.









COVID-19 is still active, so be safe and continue to follow CDC guidelines

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer tp cdc.gov