

THE POMEGRANATE

The Official Newsletter of ARIL

IN THIS ISSUE

ARIL HYBRID SERVICES

SEPTEMBER VIRTUAL ACTIVITIES & EVENTS

MORE INFO ON ZOOM ACTIVITIES & EVENTS

CHECK OUT OUR WEBSITE FOR MORE INFORMATION



ARIL is now Hybrid!!!

As of September 1st, 2020 ARIL is now offering a combination program. Families and the person serve can choose to receive services via tele-services, face-to-face or both. Staff are trained on safety precautions and received safety equipment for when they do go out to work face-to-face. Staff and Persons Serve will receive temperature checks prior to a session. Staff and Persons Serve will be required to wear a cloth covering and physical distance by 6 feet or more. If you have any questions regarding services, please contact Jasmin Botello, Executive Director at (909) 363-4701 or you can email her at jasmin.botello@arildsp.com. We are looking forward to the Fall 2020 schedule and look forward to seeing everyone online or face-to-face. Thank you for choosing ARIL for your independent living needs.



September Virtual Activities & Events

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8 Cooking @3pm Social Club @ 5pm	9 DLS @ 5pm	10 Exercise @ 4pm	11 Emergency Prep @1pm	12 Video Game Chat @12pm
13	14 Game Night @ 7pm	15 Cooking @3pm Social Club @ 5pm	16 DLS @ 5pm	17 Exercise @ 4pm	18 Emergency Prep @1pm	19 Video Game Chat @12pm
20	21 Arts&Crafts @ 12pm	22 Cooking @3pm Social Club @ 5pm	23 DLS @ 5pm	24 Exercise @ 4pm	25 Emergency Prep @1pm	26 Video Game Chat @12pm
27	28 Game Night @ 7pm	29 Cooking @3pm Social Club @ 5pm	30 DLS @ 5pm			

This is a tentative schedule, times and dates may be changed at any time.
Please check for any updates on our website

All Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Staff or the ARIL office. You can also check out our website to view videos on how to use ZOOM.

****Sign up for these activities & Events on our website at ARILDSP.COM****

Details on ZOOM Activities and Events

GAME NIGHT

Every other Monday @7pm

Join us to play a fun game! You will have the chance to challenge others to games such as bingo, trivia, charades, and much more. Prizes can be won!

DAILY LIVING SKILLS

Wednesday @5pm

Need to improve on your daily living skills (DLS)? Each week we will provide classes based on our objectives. By taking this class you will also be receiving a certificate of competency.

EXERCISE

Thursdays @4pm

Join us every week to get your body moving with a new exercise. Before each class our instructor will give you a tip on how to stay healthy and active.

SOCIAL CLUB

Tuesdays @5pm

Get together with others to hear what is going on in the world and with each others lives. This is your chance to share stories of what's going on in your life and learn how to communicate appropriately.

COOKING

Tuesdays @3pm

Get in the kitchen with us to learn how to cook. We will be posting our recipes on Instagram and website, this way you know what ingredients you need to follow.

VIDEO GAME CHAT

Saturdays @12pm

Love video games and technology. Join our instructor on what is trending in the tech world, and get some hints and tips about technology.

Details on ZOOM Activities and Events

ARTS & CRAFTS

Monday @12pm

Love arts and crafts? This is the class for you! Every arts & craft class will be different. Ranging from painting, drawing, seasonal crafts, and various DIYs.

EMERGENCY PREPAREDNESS

Fridays @1pm

Are you prepared for an emergency? This class will offer different emergency preparedness and safety precautions for all kinds of situations.

Meet Your Instructors!



Maggie



Frances



Karenya



Phillip



Jasmin



Justin

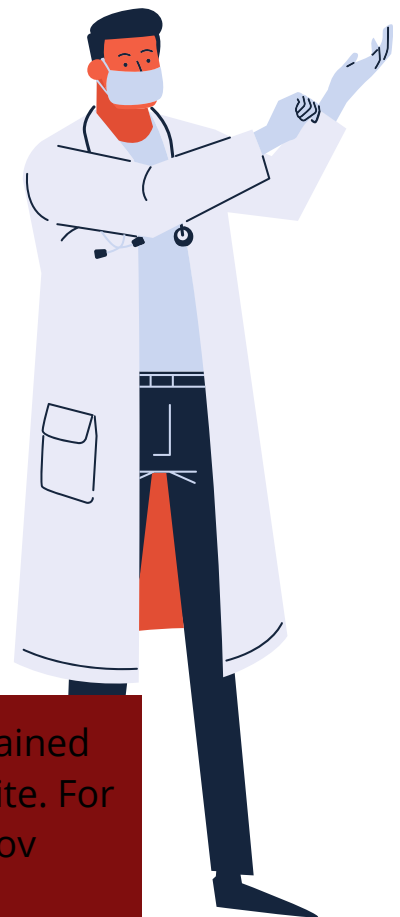
Check Out Our Website for More Information on the Pandemic

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

Together We Can Overcome #STOPTHESPREAD

**What would you like
to see in our newsletter?**

Send us an email at
directsupport@arildsp.com
to let us know what should
be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)