

FEBRUARY 2024

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

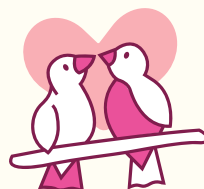


FEBRUARY NEWSLETTER

Happy Valentine's Day to all our ARIL persons served and their families! We hope you all get to spend this month celebrating loved ones and friendships. Remember Valentine's Day is not just for romantic relationships but also for celebrating friendships and family!

Plan a fun activity with your friends like going to the movies or making a delicious treat. Remember to use ILS skills like time management skills and budgeting to help you plan a fun activity you and your friends can participate in. If you need help planning your DSP can assist you!

Check out pages 7 & 8 of our newsletter for some fun Valentine's Day-themed activities to do with a friend or on your own.



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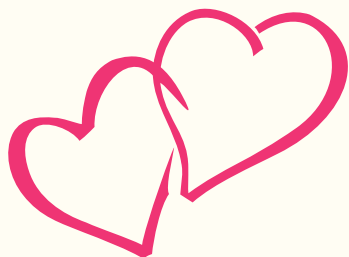


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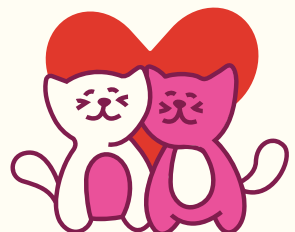
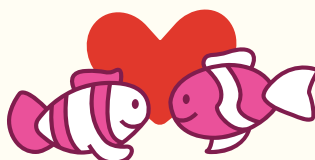
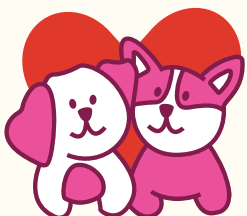
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10 POP-UP MARKET
11 BLACK HISTORY PARADE	12	13	14 <i>Valentine's Day</i>	15	16	17 PUPPY LOVE
18	19	20	21	22	23	24
25	26	27	28	29	1	2

This is a tentative schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.

Stay updated on activities & events on our website at ARILDSP.COM



XOXO



COMMUNITY EVENTS



DATE & TIME: SATURDAY, FEBRUARY 17, 2024 - 9AM-12PM

LOCATION:

JAMES R. BRYANT PARK

648 W. D STREET

ONTARIO, CA 91762

UNITED STATES

AGE ALL AGES

COST FREE

PUPPY GAMES, COSTUME CONTEST, PET-FRIENDLY VENDORS, & MORE!

FOR MORE INFO, PLEASE VISIT [ONTARIOCA.GOV/SPECIALEVENTS](https://ontario.ca.gov/special-events) OR CALL (909) 395-2020



COMMUNITY EVENTS



THE VERY FIRST OF OUR HUERTA DEL VALLE LOCATIONS, OUR ONTARIO SITE FUNCTIONS AS THE "FLAGSHIP" LOCATION FOR ALL OF OUR COMMUNITY GARDENING PROGRAMS. WE HOST WORKSHOPS, EDUCATIONAL PROGRAMMING, URBAN FARMING AND PLOTS FOR PERSONAL GARDENING. CURRENTLY, ONTARIO IS ALSO OUR BIGGEST COMPOSTING LOCATION.

ADDRESS: 831 E BELMONT ST, ONTARIO, CALIFORNIA 91761

GARDEN HOURS

MONDAY, TUESDAY, THURSDAY, FRIDAY

8AM-12PM & 4PM-7PM

WEDNESDAY: 9AM-7PM

SATURDAY: 8AM-7PM

SUNDAY: CLOSED

MARKET HOURS

WEDNESDAY 9AM-4PM (HALF PRICE)

SATURDAY 8AM-12PM (REGULAR PRICE)



COMMUNITY EVENTS

BLACK HISTORY EXPO & PARADE

Saturday, February 11 • 10 a.m. – 5 p.m.
3900 Main Street (outside of City Hall)

The 43rd Annual Black History Expo, *"The Gift of Legacy - Our Family, City and Community"* features a parade and over 40 different vendors offering food, artifacts, clothing, books, information booths, recruitments and an event stage showcasing local entertainment.

For information, contact 909.213.5583



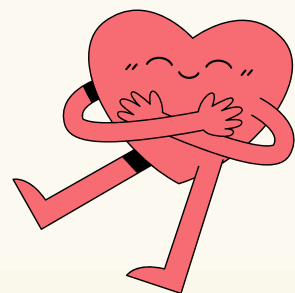
January Recap



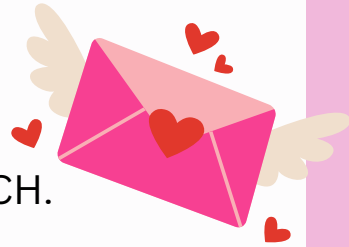
Thank you to all our person served and their families for their continued support. ARIL appreciates all your participation and commitment to our program!

"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful."

ALBERT SCHWEITZER



Valentine's Day Word Search



FIND THE WORDS BELOW IN THE WORD SEARCH.

H	U	G	F	E	B	R	U	A	R	Y	L
A	B	C	H	O	C	O	L	A	T	E	O
P	C	G	F	L	O	R	U	Y	K	X	V
R	H	D	K	M	O	S	V	Z	I	A	E
E	I	J	E	N	K	T	W	Q	S	L	B
S	H	A	P	P	I	N	E	S	S	E	C
E	Z	V	Q	T	E	H	J	I	K	T	E
N	X	Y	U	S	R	P	O	N	L	T	F
T	E	D	D	Y	B	E	A	R	M	E	G
K	I	N	D	N	E	S	S	C	A	R	D



HUG
CARD
PRESENT
FEBRUARY

LOVE
LETTER
CHOCOLATE
HAPPINESS

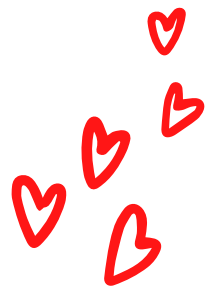
KISS
COOKIE
KINDNESS
TEDDY BEAR



What I Love About Me...

LIST 5 THINGS YOU LOVE ABOUT YOURSELF!

-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-



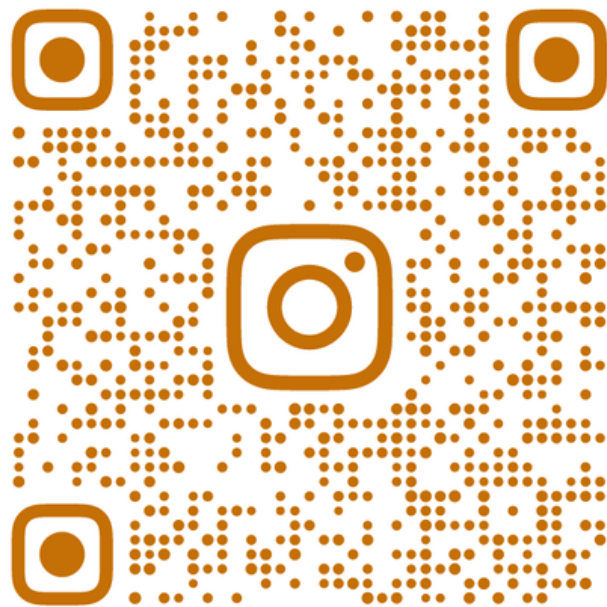
Services

ARIL offers in-person services that are face-to-face in the family home or the community.

ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011

Follow ARIL On Instagram!



@A.R.I.L._ILS



@A.R.I.L._ILS





ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)

Contact



909-843-2011

714-643-3541 (after hours #)



directsupport@arildsp.com



www.arildsp.com

ARIL

About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. ARIL will be adding a new program for Social Recreation in 2023! More information will become available in the upcoming months about our Social Recreation program and how to join. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!