

THE POMEGRANATE

The Official Newsletter of ARIL

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**ARIL is has Found a
New Home**

ARIL is Moving its' Office

ARIL will begin moving into a new office during the summer 2020. Do not worry though, we are not moving to far. ARIL has found a new home in Grand Terrace, California. We are excited for this move because we will be able to provide our Persons Serve, their families, and our staff even more space for futrue events and activities.



Check out these cool online resources



What is AKTION Club?

AKTION Club is a community-service club for adults with disabilities that allows them to develop leadership skills while contributing to their community.

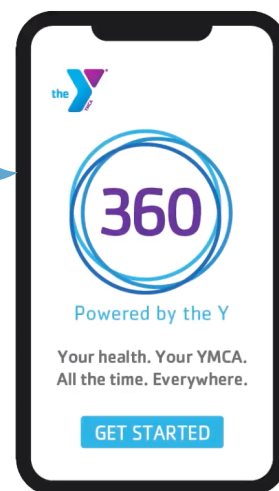
Upcoming Virtual Meeting:

July 13, 2020 · 5:00 - 6:30 PM

For information on how to join, contact Ismeth Estrada
(909) 890-4779 · iestrada@inlandrc.org

YMCA 360 offers many classes and programs to keep you moving

Check out the AKTION Club! They will be hosting virtual events in July.



The Autism Society of Inland Empire (ASIE) are having online events
Check them out at <http://ieautism.org>



Work out with trainers and coaches online through www.sosc.org



Video • We Are SOSC

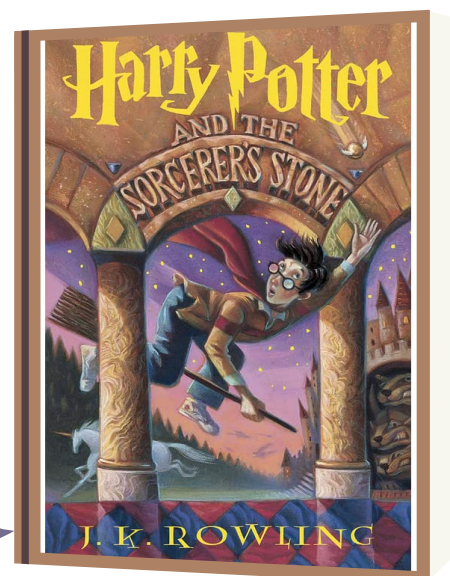
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wearesosc.org



Start a new show or movie on any streaming service!

Watch familiar faces as they read Harry Potter and the Philosopher's stone. Videos can be found on <https://www.wizardingworld.com/chapters>



HOW TO USE ZOOM



What is ZOOM and How Does it Work?

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video. Zoom users choose to record sessions, collaborate on projects, and share or annotate on one another's screens, all with one easy-to-use platform.

How does it work?

Joining a Meeting.

1. Go to Zoom.us
2. Click the "Join a Meeting" tab. You can find the tab on the top right corner of the homepage
3. When prompted, add your designated Meeting ID (The Meeting ID can be a 9, 10, or 11-Digit number). The Meeting ID should be provided by the host.
4. You're in!

Start a Meeting.

1. Go to Zoom.us
2. Toggle over the "Host a Meeting" tab on the top right hand corner
3. Choose whether you would like to keep video chat on or off
4. Sign in using your login information or create a new account
5. Launch the Zoom application and open
6. Send out the meeting details, including the Meeting ID and/or link
7. You've created a meeting!

Sharing Your Screen

1. Zoom allows users to share their screen to the entire conference call! To do so, simply click "Share Screen" at the bottom of the window.
Note: Only one person can use screen-share at a time, and one person must "Stop Sharing" before someone else can start sharing.
2. To stop sharing the screen, simply click "Stop Sharing."

Is ZOOM Free?

Yes, It's Free! You don't pay anything, but of the program does give an option to pay and upgrade to gain access to even more features that Zoom offers.



Check Out Our Website for More Updates

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can still be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

Remember to Wash Your Hands



with Soap and Water

All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)

FACE COVERINGS REQUIRED WHEN IN PUBLIC SPACES

"Cloth face coverings or masks help reduce the spread of Corona-virus especially when combined with physical distancing and frequent hand washing. Starting June 18, Californians must wear face coverings in common and public indoor spaces and outdoors when distancing is not possible. "

- From the California Department of Health

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.

