

MARCH 2025

THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

MARCH NEWSLETTER

March is here, and with it comes a month full of potential and excitement. It's time to shake off the winter chill and embrace the warmth of spring as the days grow longer and the air feels just a little bit brighter. This is a month filled with opportunities for fresh starts, fun adventures, and good fortune!

With the promise of warmer weather and the arrival of spring, there are so many ways to get involved in our community. Whether it's exploring local parks, enjoying outdoor activities, or simply soaking up the sunshine, March offers the perfect time for achieving your ARIL goals.

As we celebrate the lucky month of March, we hope you'll find plenty of moments to smile, connect with others, and try something new. Let's make the most of this season of renewal and possibility. Enjoy the opportunities that lie ahead and take time to celebrate the little joys around you!



THIS ISSUE:

NEWSLETTER INTRO
PAGE 01

CALENDAR
PAGE 02

COMMUNITY EVENTS
PAGE 03-06

RECAP
PAGE 07

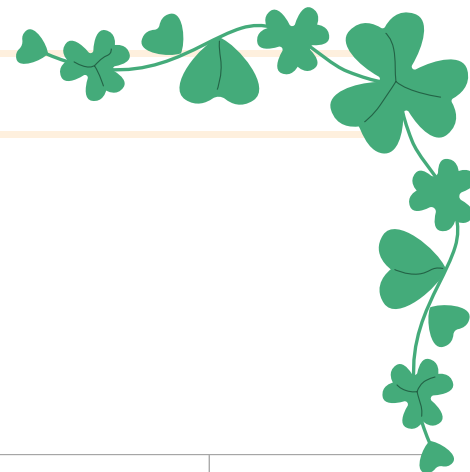
ACTIVITY PAGE
PAGE 08

SERVICES
PAGE 09

INSTAGRAM
PAGE 10

CONTACT US/ MORE
INFORMATION
PAGE 11

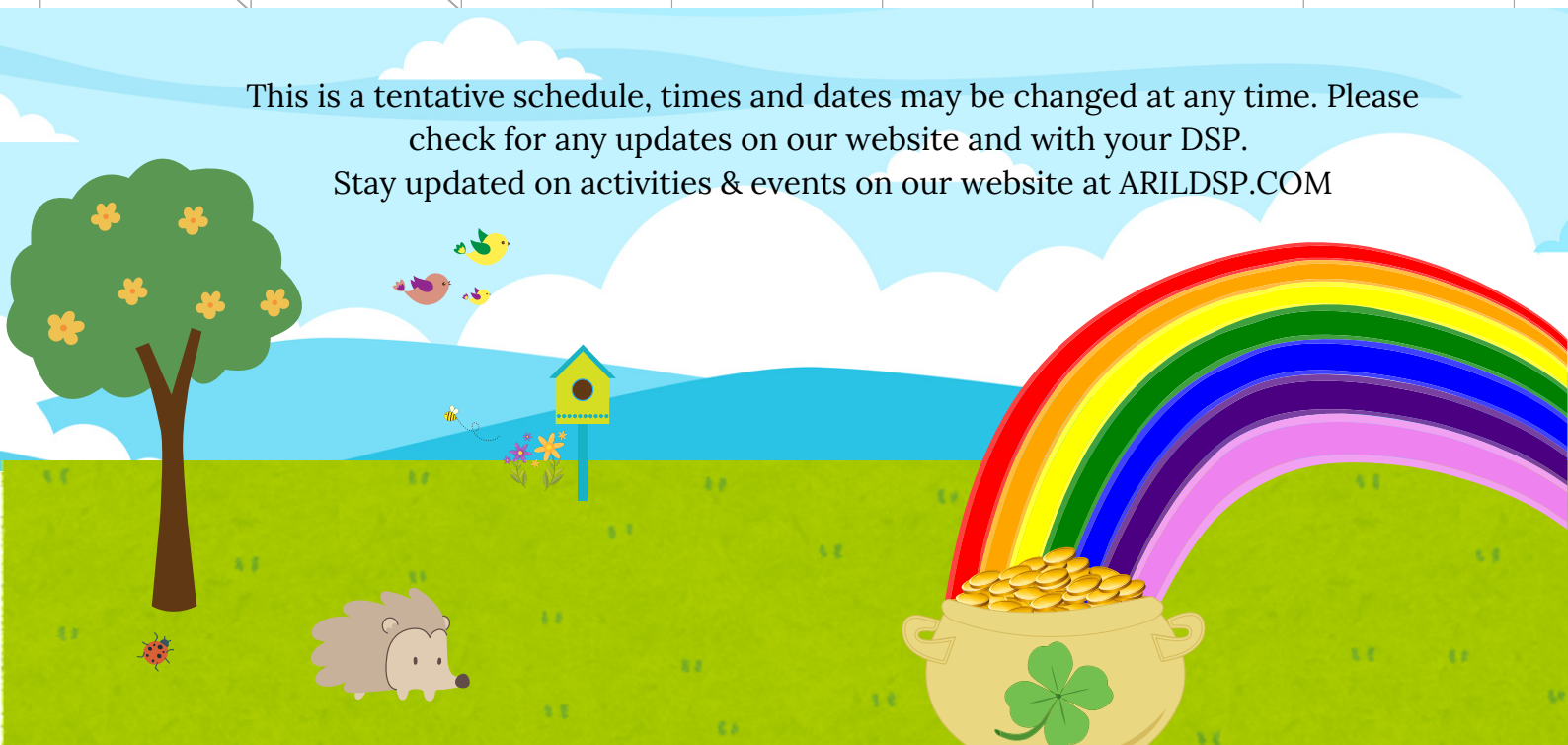
MARCH 2025



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7 Incredibles St. Patrick's Day Dance 	8
9 DAYLIGHT SAVINGS 	10	11	12	13	14	15
16	17 Happy St. Patrick's Day 	18	19	20 First Day of Spring 	21	22
23	Angel Vs. Dodger game at 6pm	25	26	27	28	29
30	31	24				

This is a tentative schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.
Stay updated on activities & events on our website at ARILDSP.COM



Community Events



Get a head start on St. Patrick's Day by joining us for the Lucky Charms Dance at the IncredABLES Friday Night Fun Club! This exciting event, perfect for participants ages 8 and up, offers a night full of dancing, delicious dinner and desserts, and plenty of fun.

Don't forget to capture the moment with a photo at our St. Patrick's Day - themed photobooth!

The event will be held on Friday, March 7, from 5:30 p.m. to 8:00 p.m. at Central Park, located at 11200 Base Line Rd. Tickets is \$6 per participant. Come celebrate with us! 🍀

*In an effort to ensure a safe and enjoyable experience for all attendees, each IncredABLE participant is required to be accompanied by a caregiver, group leader, parent, or guardian at all Friday Night Fun Club events and/or dances

Register: https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19237?onlineSiteld=0&locale=en-US&from_original_cui=true

Community Events

IRC★CAC

St. Patty's Coffee Night

Time: 5PM - 7PM
March 17th, 2025

For more information or questions about this event
please email: community@inlandrc.org



Inland Regional Center Coffee & More
(1425 S Waterman Ave, San Bernardino, CA 92408)

*The Client Advisory Committee (CAC) is a social and advocacy group for IRC clients
16 and older*



Community Events

Night of Discovery

GAME ON!

ARCHERY

CRAFTS

DANCING

OBSTACLE COURSE

For more Information
call: (909) 477-2720

PAUL A. BIANE LIBRARY
FRIDAY, MARCH 7, 2025
7:00 - 9:00 P.M.

Paul A. Biane Library
12505 Cultural Center
Drive
Rancho Cucamonga, CA
91739

The city of Rancho Cucamonga invites you and your families to join the Library for fun and learning at A Night of Discovery on Friday, March 7 from 7:00 p.m. to 9:00 p.m. at the Paul A. Biane Library at the Victoria Gardens Cultural Center (12505 Cultural Center Drive).

FREE Tickets will be available starting Tuesday, February 25 at both library locations.

This Night of Discovery features GAME ON! with activities focusing on athleticism, games, sports, and everything in between.

- Line Dancing: Boots, Beats & Move! Show off your moves with energetic line dancing to country, hip-hop, pop, and Latin hits.
- Sport Snapshots & Winning Bites: Fuel up with snacks and take a fun pic with our mascot at the selfie station!
- Zoo-tastic Sports Crafts: Create your own sports animal magnets to take home and show off your favorite team spirit!
- Camp Snoopy Obstacle Course: Channel your inner Peanuts character and race through a fun, Snoopy-themed course.
- The Hunger Games: Archery Trials: Test your skills and precision in this competitive Nerf archery challenge.
- Gaming Calm Corner: Take a break from the action with board games and coloring activities in our relaxing corner.
- Memory Sports Wall of Fame: Celebrate your favorite sports moments and family memories by adding to our interactive wall.
- And more!

Community Events



Join DSFRC at Angel Stadium

Angels vs Dodgers

Pre-Season Game!

Monday, March 24th Game Time is 6:00pm

Tickets \$29.00 each Terrace Box Section 202

Parking is \$20.00 for General Parking at the event

Cashless Venue. Debit or Credit Card only

The tickets are electronic - you will need the MLB (Major League Baseball) App to access your tickets.

Register for tickets at dsfrc.org Deadline to purchase is March 1st



Questions? Contact Barbara Olmos 626-483-1492 or Denise English 909-286-4460

Bag policy: Angel Stadium prohibits all bags, backpacks and other carriers from being brought into the stadium with the follow exceptions:

arses or bags 12"x12" or smaller Medical Bags, Diaper Bags. Clear bags plastic or vinyl with no obscured interior pockets that do not exceed 12.75"x 6.5" x 12.75"

FEBRUARY RECAP

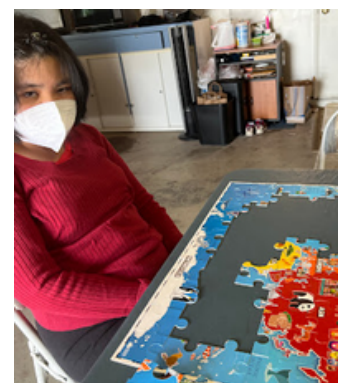


*"However
difficult life may
seem, there is
always something
you can do and
succeed at."*

STEPHEN HAWKING



Thank you to all our person served and their families for their continued support. ARL appreciates all your participation and commitment to our program!





ARIL Spring Word Search

F D K R D M E E K R S P R I N G C L E A N I N G K
Z U F N U A Y X G S K Q N K D Y K T H Y O J X K Y
H B X U C K U S E L F A D V O C A C Y Z C D L C X
B S K O V E Z X H G M O N E Y M A N A G E M E N T
D I R E C T S U P P O R T P R O F E S S I O N A L
N W K Z V I Q P V X Y P Q A V S J B G K V Z W C Q
U R Q V C O T B D H Q T N Y D D P B C S J J F R N
S X C V A J M T O Q R Y Z Y I E N S O G M W K O C
H D K O B C U S I O B S I F G N I S K I T X Q O U
O K L I O U U B R Q Q L E S Y B W Y V P A X M Q V
P H L N K K D U T I N D E P E N D E N T Q K T P C
P H H L Q F I G M U O F L W O I D Z K S G Z Z O W
I A H U G Y Z N E I I S A V O D M G O Q L O B A A
N C W G S J Q S G T N C W O G E J U N Z T X Z J Y
G B S B E C I W F P U G Y Q Q G J S U P P O R T P
F C T B B O R G A N I Z E W Y X J G L D A M W G P
B O L A U S N G J I L A U N D R Y G R H J J D P P
C K W D N F I D C X I F N J X Q R J Q V B M N E W
J H Z W E P I V C O T I K K H D R V P Q J Q I K H
L V A S G X E Z M R C L G W Q X B T N T U N Y G J
T U R P B C H F F Q Y S B V L M M J H A U O R B T
B C I I Q K C A U D R D N O H E S V X P K C E S K
E U L S H M B Z C G G Q Q E Y J L Y R O W T C A W
I G Z Q G P Z A N L X S O Q B P C M F H A T V V W
X X A I H E Z Q C O O L V Q H D U E X D N W Z M H

Spring Cleaning

Vacuuming Laundry

Shopping

Direct Support Professional

Money management

Independent

Organize

Budget

Self-Advocacy

Cooking Support

ARIL



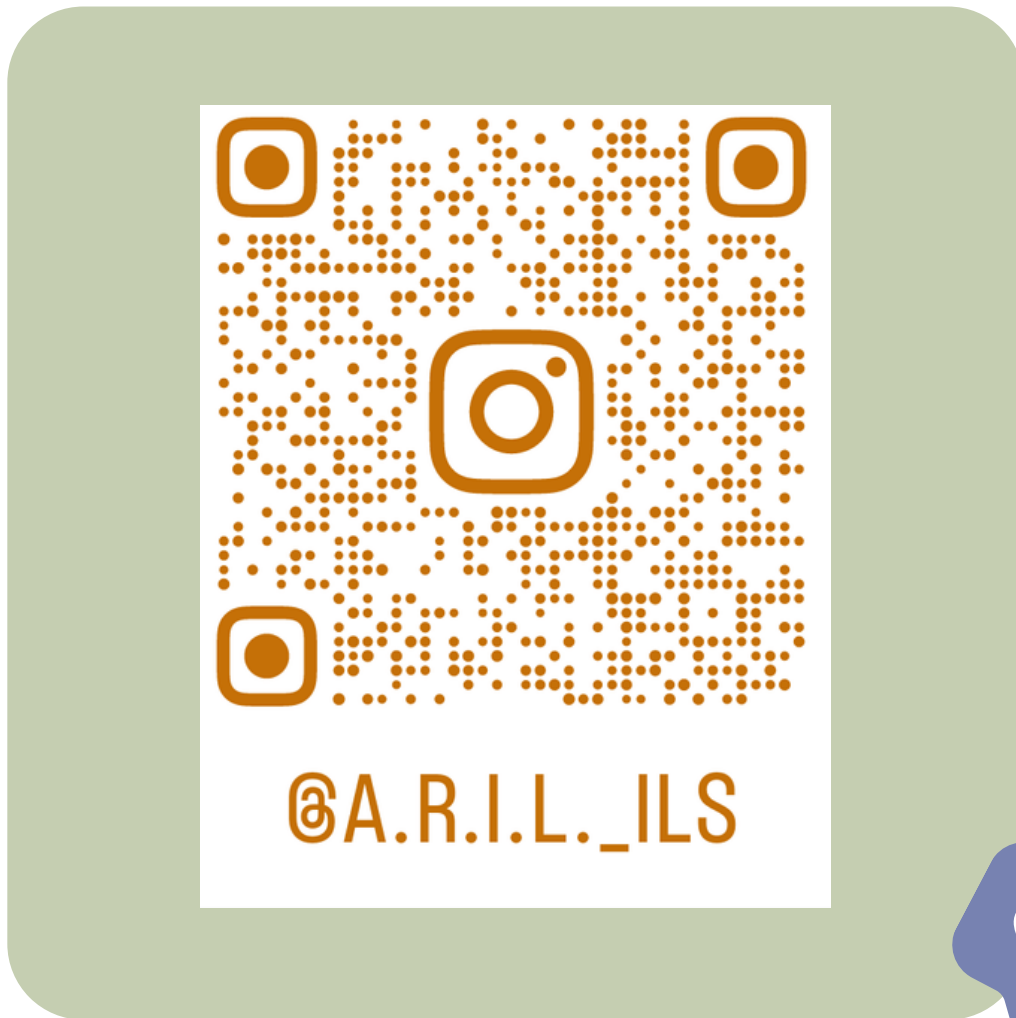
Services

ARIL offers in-person services that are face-to-face in the family home or the community.

ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!

If you have any questions, please call our office at 909-843-2011

FOLLOW ARIL ON INSTAGRAM!



@A.R.I.L._ILS





ARIL

ADVANCED RESOURCES FOR INDEPENDENT LEARNING

Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)

Contact



909-843-2011
714-643-3541 (after hours #)



directsupport@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL

About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. Recently we have also become vendors for Social Recreation Services. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!