

A white alarm clock is positioned on the left side of the top banner. To its right are four wooden blocks arranged horizontally, displaying the numbers 2, 0, 2, and 4. The top banner has a light gray background with a subtle texture.

JANUARY 2024

# THE POMEGRANATE

OFFICIAL NEWSLETTER OF ARIL

## JANUARY NEWSLETTER

Happy New Year! ARIL wishes you all a year of health and happiness. We are ready to continue working with our person served on their goals and helping them accomplish any New Year's resolutions! Ask your DSP about SMART goals and they can help you set New Year's resolutions that you can stay accountable with.

This year will bring a lot of positive changes to ARIL and we can't wait for you all to see the amazing plans we have for our program! Thank you to all our persons served and families for being so patient and loyal to our program. We appreciate you all and look forward to continuing to provide services in 2024.

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# JANUARY 2024

| SUNDAY                           | MONDAY                                                                                                                  | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY                         |
|----------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------|-----------|----------|--------|----------------------------------|
| 31                               | 1<br><i>Happy New Year</i>                                                                                              | 2       | 3         | 4        | 5      | 6                                |
| 7                                | 8                                                                                                                       | 9       | 10        | 11       | 12     | 13                               |
| 14                               | 15<br>MARTIN LUTHER KING JR. DAY<br> | 16      | 17        | 18       | 19     | 20<br>LUNAR NEW YEAR (RANCHO)    |
| 21<br>LUNAR NEW YEAR (RANCHO)    | 22                                                                                                                      | 23      | 24        | 25       | 26     | 27<br>LUNAR NEW YEAR (RIVERSIDE) |
| 28<br>LUNAR NEW YEAR (RIVERSIDE) | 29                                                                                                                      | 30      | 31        | 1        | 2      | 3                                |



This is a tentative schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.

Stay updated on activities & events on our website at [ARILDSP.COM](http://ARILDSP.COM)



HAPPY  
NEW YEAR



**The annual Rancho Cucamonga Lunar Festival is returning in January 20-21, 2024.**

General Information:

**Where:** RC Sports Center (8303 Rochester Avenue Rancho Cucamonga)

**Saturday, January 20: 11:00 a.m. - 8:00 p.m.**

**Sunday, January 21: 11:00 a.m. - 7:00 p.m.**

**Admission & Parking: Free!**

This year is the year of the dragon, the fifth of twelve zodiacs! The dragon is the most revered of all the zodiacs, in the past emperors were seen as the reincarnation of dragons. You're a dragon if you're born in 1964, 1976, 1988, or 2000!

Join us for the weekend at RC Sports Center as we celebrate the largest festival in the Asian community! Enjoy delicious food from the local popups around Rancho Cucamonga, shop to your heart's content from local artisans and small business owners, and enjoy cultural performances from the community! The event is free to attend so bring your friends and family and enjoy the festivities of the Lunar New Year!



# 12TH ANNUAL 2024 RIVERSIDE LUNAR FESTIVAL

Jan 27-28 11am-8pm



YEAR OF THE DRAGON



## 2024 Riverside Lunar Festival: Celebrate the Year of the Dragon!

The annual Riverside Lunar Festival is returning to downtown Riverside in 2024! Welcome the vibrant and auspicious Year of the Dragon on Mission Inn Ave on January 27-28.

- Cultural Performances: From mesmerizing lion dances, and acrobatics, to traditional music – experience a rich tapestry of diverse performances from various Asian communities.
- Live Entertainment: Catch local artists and groups showcasing their talents, offering everything from K-Pop to folk songs. Gourmet Street Food: Indulge in a culinary journey! Savor traditional Lunar New Year delicacies, sizzling street foods, and innovative fusion bites.
- Artisan Market: Discover a marketplace with handcrafted goods, art, jewelry, and unique Lunar New Year souvenirs. Support local artisans while finding the perfect memento.

### Important Details:

**Mission Inn Ave (Downtown Riverside): Between Lime and Orange**

**\* Saturday, January 27th: 11 am- 8 pm**

**\* Sunday, January: 28th: 11 am- 7 pm**

**Admission is FREE!**

# December Recap



"Success is the sum of small efforts- repeated day in and day out "

ROBERT COLLIER



Thank you to all our person served and their families for their continued support. ARIL appreciates all your participation and commitment to our program!

# MY NEW YEAR RESOLUTION:

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## Last Year Highlights:



Favorite places I visited: \_\_\_\_\_

Favorite movies I watched: \_\_\_\_\_

One skill I improved: \_\_\_\_\_

## My Goals this year:

I want to learn to: \_\_\_\_\_

I will do less: \_\_\_\_\_

I will do more: \_\_\_\_\_

## How would you achieve your goal this year?

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# HAPPY *Birthday*

**PLEASE JOIN ARIL IN GIVING A SPECIAL SHOUT OUT AND  
WISHING A HAPPY BIRTHDAY TO OUR ARIL PERSON SERVED  
AND DSP(S) WHO ARE CELEBRATING ANOTHER YEAR! HAPPY  
BIRTHDAY FROM ARIL, WE WISH YOU ALL A YEAR OF  
HAPPINESS, AND SUCCESS!**

**BENJAMIN HOSEY  
ADALBERTO LARA  
MAGGIE CUZ**



# Services

**ARIL offers in-person services that are face-to-face in the family home or the community.**

**ARIL follows all safety precautions recommended by the CDC and California state policies when working with our persons served. ARIL is proud to have all our sessions in person!**

**If you have any questions, please call our office at 909-843-2011**



# Follow ARIL On Instagram!



@A.R.I.L.\_ILS





# ARIL

## ADVANCED RESOURCES FOR INDEPENDENT LEARNING

### Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)

### Contact



909-843-2011

714-643-3541 (after hours #)



[directsupport@arildsp.com](mailto:directsupport@arildsp.com)



[www.arildsp.com](http://www.arildsp.com)

## ARIL

### About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. ARIL will be adding a new program for Social Recreation in 2023! More information will become available in the upcoming months about our Social Recreation program and how to join. Check out our website for updates and program changes.

### Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!