

THE POMEGRANATE

The Official Newsletter of ARIL

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**Check Out Our Website
for More Information**



Season of Joy

December is the season of hope, joy, and family so take some time to appreciate those in your life who have helped you in one way or another and think about how you can show the people in your life and community that you appreciate them! You can do something as simple as say thank you or give them a gift to show your appreciation.

As the end of the year approaches, it also brings the perfect time to reflect on the accomplishments we have made, goals we have reached or are working on and all the lessons we have learned. Start thinking about what new goals you would like to set for yourself in this new year and begin to plan how you can accomplish these goals. This is also a great opportunity for you to talk with your ARIL DSP and start strategizing for an action plan so you can stay accountable on your goals.

ARIL would like to wish you all a Happy Holiday's this month and say thank you for all your hard work and dedication working with your Direct Support Professionals!

December 2021

SUN	MON	TUES	WED	THUR	FRI	SAT
			1 Daily Living Skills @4pm	2 Exercise @4pm	3	4
5	6 Game Day @12pm	7	8 Community Resource Awareness @ 1pm	9 Exercise @4pm	10	11
12	13 Safety Talks @2pm	14	15 Daily Living Skills @4pm	16 Exercise @4pm	17	18
19	20 ARIL Office Closed	21 ARIL Office Closed	22 ARIL Office Closed	23 ARIL Office Closed	24 ARIL Office Closed	25 🎄
26	27 Game Day @12pm	28	29 Community Resource Awareness @ 1pm	30 Exercise @4pm	31	

This is a tentative schedule, times and dates may be changed at any time.
Please check for any updates on our website

Some Activities & Events will be hosted on ZOOM.

If you need assistance on how to use ZOOM, please contact your Direct Support Professional or the ARIL office. You can also check out our website to view videos on how to use ZOOM.

****Sign up for these activities & Events on our website at ARILDSP.COM****

Details on Activities and Events

GAME DAY @12PM



12/6 & 12/27

** IMPORTANT INFORMATION ABOUT EVENTS & CLASSES **

Please note that some events and classes have changed. Events and classes may have different dates and times. Make sure you check the dates and times of the events and classes you would like to attend.

SAFETY TALKS @2PM



12/13

DAILY LIVING SKILLS @4PM



12/1 & 12/15

EXERCISE @4PM



12/2, 12/9, 12/16, &
12/30

COMMUNITY RESOURCE AWARENESS @1PM



12/8 & 12/29



San Bernardino and Riverside County Events



Mission Inn Festival of Lights

The Festival of Lights will continue to feature the traditional lights and decorations at the Mission Inn Hotel & Spa, as well as

City-sponsored holiday décor in the surrounding areas, including holiday-themed selfie stations, holiday trees, large ornaments, a sleigh, bows and garland on lights and bridges, and an assortment of holiday light displays. However, because of the restrictions imposed as a result of the pandemic, many traditional features, including live entertainment, attractions, food vendors and horse-drawn carriages, had to be cancelled.

Date: Nov 26, 2021 - Jan 6, 2022

Time: Sunset

Location: 3700-3662 Mission Inn Avenue, Riverside, CA 92501



COMMUNITY UPDATE

Thoroughbred Holiday Lights

Drive-Thu ONLY: December 3rd to 5th and 10th to 24th from 5:00 p.m. to 11:00 p.m.

Pedestrians Allowed: December 6th to 9th from 5:00 p.m. to 11:00 p.m.

Thoroughbred Holiday Lights

The annual neighborhood coordinated holiday lights display along Thoroughbred and Jennet Street is not a city-sponsored or city-sanctioned event; the City has no role in coordinating or planning this resident-led event.

Date: December 3rd-24th

Time: 5pm-11pm

Location: 8287 Thoroughbred St, Rancho Cucamonga, CA 91701



Holiday Magic Live

In partnership with Autism Speaks, Sensory Friendly Santa Experience for the community at participating locations across the US.

Date: Sun, December 12, 2021

Time: 9:30 AM – 10:30 AM PST

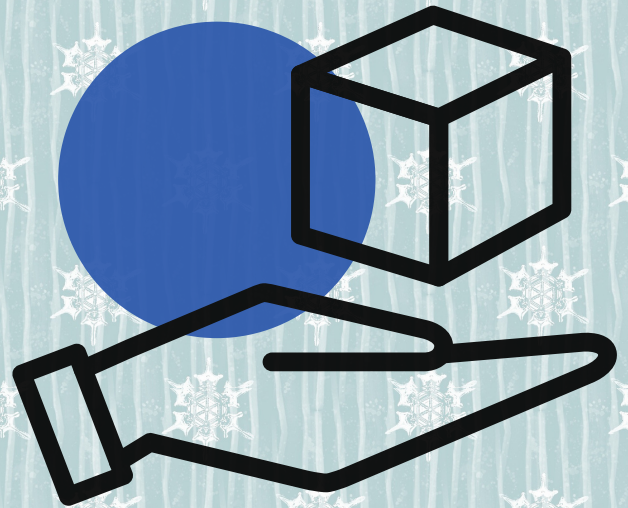
Location: Inland Center 500 Inland Center Drive San Bernardino, CA 92408

Services



ARIL offers remote services via zoom and video calls. All teleservices are goal oriented and focused on teaching independent living skills using power points, discussions and learning videos.

ARIL offers in person services that are face-to-face in the family home or in the community. ARIL follows COVID-19 precautions recommended by the CDC.



ARIL offers a hybrid program. Persons Served can receive a combination of remote and in person services. These services can change month to month according to the needs of the person served.

November Recap



Kindness in November

ARIL person served had a great time this month working with their DSP on their goals, learning how to budget, appropriate socialization skills, cooking, and kitchen safety skills! Great Job everyone. 👍

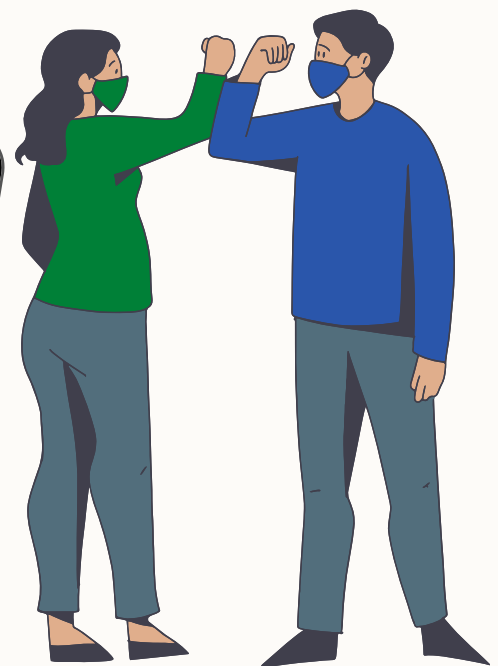


COVID-19 is still active, so be safe and continue to follow CDC guidelines

ARIL is continuing to follow up on information related to the coronavirus pandemic. Our website is being updated with the latest information about the virus and resources that can be accessed within the Inland Empire. Please check out our website for updates on the coronavirus and resources.

What would you like to see in our newsletter?

Send us an email at directsupport@arildsp.com to let us know what should be in our newsletter.



All information provided about COVID-19/ Coronavirus was obtained from the Center for Disease Control and Prevention (CDC) website. For more in depth information about this virus please refer to [cdc.gov](https://www.cdc.gov)