

NOVEMBER NEWSLETTER

Happy Thanksgiving from ARIL!
We wish you and your family a joyful holiday filled with gratitude, love, and celebration. As we approach this special time of year, and adjust our clocks for the fall time change in early November, let's also take a moment to reflect on all that we've accomplished and the many things we're thankful for.

Thanksgiving is the perfect opportunity to lend a helping hand, connect with others, and give back to our communities. If you're interested in volunteering or attending a community event, please let your DSP know they can help you sign up or find meaningful ways to get involved this holiday season.

From all of us at ARIL, have a safe, warm, and wonderful Thanksgiving!

THIS ISSUE:

NEWSLETTER INTRO PAGE 01

> CALENDAR PAGE 02

COMMUNITY EVENTS PAGE 03-08

> RECAP PAGE 09

INSTAGRAM PAGE 10

SERVICES PAGE 11

SELF DETERMINATION PAGE 12

CONTACT US/ MORE INFORMATION PAGE 13

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
DAYLIGHT SAVINGS ENDS	3	RIVERSIDE FOOD LAB KARAOKE 7-10PM FIND LAB	5	6	ADAPTIVE SPORTS 5:30-7:30PM	8
9	10	VETERANS DAY CEREMONY 10:50AM	12	13	14	15
16	17	RIVERSIDE FOOD LAB KARAOKE 7-10PM FUNDLAB	19	20	Thanks Giving ARIL OFFICE CLOSED	FESTIVAL OF LIGHTS CEREMONY 5PM
30	24	RIVERSIDE FOOD LAB KARAOKE 7-10PM	26	27	FRIENDLY STARS 6:00 -8:00PM	29

This is a tentative schedule; location, times, and dates may be changed at any time. Community events are not hosted or affiliated with ARIL. Please check for any updates on our with your DSP.





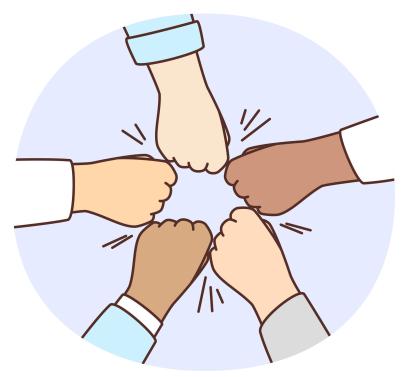
Let your creativity shine at our IncredABLES inclusive Adaptive Street Art event on Friday, November 7, from 5:30–7:30 p.m. This vibrant, all-abilities celebration is open to everyone ages 8 and up and is packed with colorful fun, hands-on art, drawing, and creativity around every corner. Fuel your imagination with snacks and refreshments, all included for just \$6 per person! Connect, create, and celebrate inclusion in the most artistic way possible.

Register:

https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19246? onlineSiteId=0&locale=en-US&from original cui=true

Adaptive Recreation - Building Inclusive Experiences

Friendly Stars



Description

Friendly Stars is a social recreation program for adult adaptive learners 18 and older. La Sierra Senior Center 951-351-6435. The program will not be held on the 5th Friday of the month (Friday, July 4 August 29, October 31, November 28 and December 26.)

Jul 4, 2025 - Dec 26, 2025 LSSC - Ballroom (Full) Age at least 18 yrs but less than 100 yrs, Mixed Special InterestAdult 6:00 PM - 8:00 PM

> Located in: La Sierra Park Address: 5215 La Sierra Ave, Riverside, CA 92505

Register:

https://anc.apm.activecommunities.com/riversideprcsd/activity/search/detail/68 634?onlineSiteId=0&locale=en-US&from_original_cui=true



Join the city of Rancho Cucamonga for the 2025 Veterans Day Ceremony, honoring those who have served our country. Featuring speeches, ceremonial tributes, and a moment of silence, this special gathering offers a meaningful way to reflect, show gratitude, and recognize the sacrifices of our veterans. The event will take place on Tuesday, November 11 at 10:50 a.m. at Central Park Freedom Courtyard (11200 Base Line Rd).





Riverside Food Lab 3605 MARKET ST., RIVERSIDE, CA 92501



THE GRAND SWITCH-ON CEREMONY NOVEMBER 22 2025 AT 5:00 P.M.

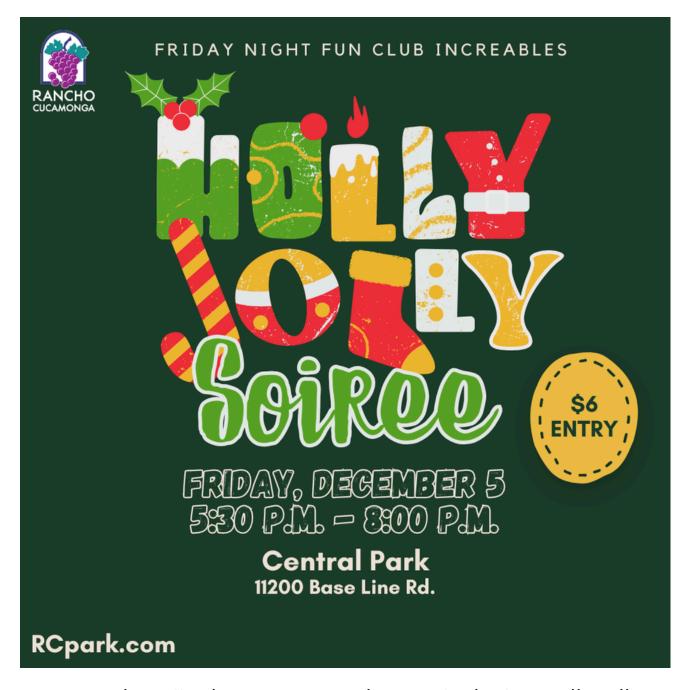
The Switch-on Ceremony will begin promptly at 5:00 pm at Orange St. and Mission Inn Ave. with the fireworks show to follow. Plan to arrive no later than 4:30 pm.

The 2025 Festival of Lights returns this holiday season featuring lighted decorations and photo opportunities, food vendors, and activities. Enjoy millions of holiday lights in Downtown Riverside with holiday-themed decorations in the downtown area at what has become one of the nation's most popular holiday events and light displays.

For more information: https://riversideca.gov/fol/

SWITCH-ON CEREMONY: SATURDAY, NOVEMBER 22, 2025 DURATION: NOV 22, 2025 - JAN 6, 2026 CLOSED THANKSGIVING & CHRISTMAS DAY

Look Ahead: Community Event



Get ready to jingle at our IncredABLES inclusive Holly Jolly Soiree on Friday, December 5, from 5:30 p.m. to 8:00 p.m. Open to everyone in our inclusive community ages 8 and up, this joy-filled evening features holiday music, tasty treats, festive fun, and plenty of cheerful surprises. Tickets are just \$6 per person and include all activities. Let's make this season merry and bright!

Register:

https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19245?onlineSiteId=0&locale=en-US&from original cui=true



OCTOBER RECAP







"However

difficult life may

seem, there is

always something

you can do and

succeed at."







STEPHEN HAWKING







We sincerely thank all the individuals we serve and their families for their ongoing support. Your continued participation and dedication to the ARIL program are truly appreciated!

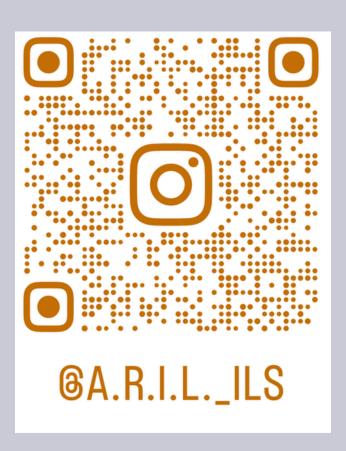






FOLLOW ARIL ON INSTAGRAM!









Services

ARIL offers in-person services
that are face-to-face in the
family home or the community.
ARIL follows all safety
precautions recommended by
the CDC and California state
policies when working with our
persons served. ARIL is proud
to have all our sessions in
person!

If you have any questions, please call our office at 909-843-2011



Self Determination Services

The Self-Determination Program (SDP) with Inland Regional Center (IRC) offers individuals with developmental disabilities greater control, flexibility, and choice in how they receive services and supports, compared to traditional IRC services. Under the SDP, participants receive an individualized budget based on their assessed needs and can choose service providers who do not have to be vendorized with IRC, giving them the freedom to design a customized plan that reflects their personal goals, cultural background, and lifestyle.

In contrast, traditional IRC services follow a more standardized approach, where case managers coordinate services through vendored providers within a structured system. While both models aim to support individuals in living fulfilling lives, the Self-Determination Program empowers participants with more autonomy and person-centered planning.



Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)



Self Determination Program (SDP)

Contact



909-843-2011 714-643-3541 (after hours)



DirectSupport@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL **

About Us

ARIL is a vendor of Inland Regional Center (IRC) and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have three programs which include Independent Living, Supported Living Services, and Social Recreation Services. We provide these services both traditionally with IRC and through Self Determination. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal-oriented and focuses on working with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals (DSPs) are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!