

SEPTEMBER NEWSLETTER

As summer winds down and we begin to feel the first signs of fall, September invites us into a season of reflection, renewal, and fresh perspective. The long, sun-filled days may be coming to a close, but a new season is around the corner, one that brings crisp air, colorful leaves, and opportunities for growth.

At ARIL, our commitment to supporting each person served remains strong through every season. With care and goal-oriented sessions each day, we continue to create a space where every individual feels empowered, included, and valued.

This is also a great time to check in on your personal goals. Whether you're continuing steady progress or thinking about a new direction,

September offers the perfect moment to reflect and reset. If you're feeling ready to shift focus or explore new goals, don't hesitate to share your thoughts with your DSP. We're here to support you every step of the way as you grow, explore, and work toward what matters most to you!

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SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LABOR Day	2	3	4	5 KARAOKE 5-7PM	6
7	8	9	10	9/11 REMEMBERANCE 8:30AM	12	13
14	15	16	17	18	19	COOKIE DECORATING 3PM
21	22	23	24	25	26	27
28	29	30				





Community Events



Sing, laugh, and make memories at the IncredABLES Friday Night Fun Club Karaoke Night! Join us on Friday, September 5, from 5:30 p.m. to 7:30 p.m. for an evening that celebrates music, community, and fun for all ages 8 and up. Whether you're ready to take the stage or simply enjoy the performances from the audience, there's something for everyone to enjoy. Tickets are just \$6.00 per person and include snacks and refreshments to keep the fun going all evening long!

Register:

https://anc.apm.activecommunities.com/cityofrc/activity/search/detail/19243? onlineSiteId=0&locale=en-US&from_original_cui=true



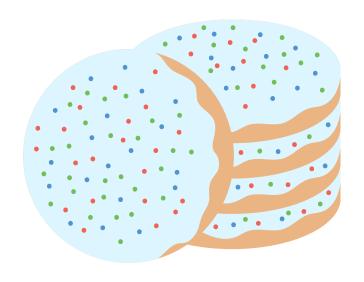


The City of Rancho Cucamonga and the Rancho Cucamonga Fire District are proud to announce that the official Ribbon Cutting Ceremony for the Spagnolo 9/11 Memorial Park will be held on September 11, 2025, at 830 a.m. located at 10597 Town Center Dr. The Ribbon Cutting Ceremony will be followed by the annual 9/11 Remembrance Ceremony taking place for the first time at its permanent home.

To learn more about the history of the park, visit https://www.cityofrc.us/news/spagnolo-911-memorial-park

Community Events

Orange Terrace Library | Sugar Cookie Decorating Program



Saturday, September 20, 2025 3pm

Orange Terrace Library, 20010-B Orange Terrace Pkwy Riverside CA 92508

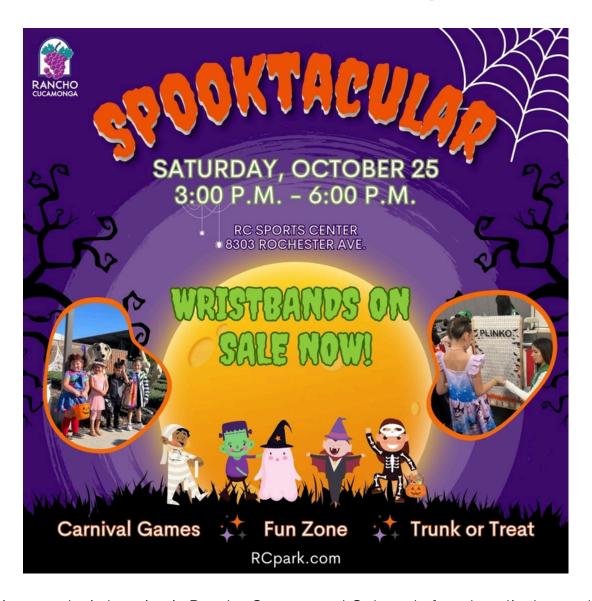
It's Cookie Time at the Orange Terrace Library! Join us for a FREE Sugar Cookie Decorating Class! Learn the secrets to beautiful (and tasty) sugar cookies from the pros at Sugary Sweet Cookies.

This fun and creative class is perfect for beginners and cookie enthusiasts alike!

Registration is required – Please call 951-826-2184 or visit the Orange Terrace Library to sign up.

For adults 18+

Look Ahead: Community Event



Something spooky is brewing in Rancho Cucamonga! Get ready for a hauntingly good time at our annual Spooktacular event on Saturday, October 25 from 3:00 p.m. to 6:00 p.m. at the RC Sports Center (8303 Rochester Ave.) Enjoy a FREE Trunk - or - Treat experience featuring candy, creatively decorated trunks, and frightful fun for the whole family! Grab a bite from a variety of tasty food vendors. Don't miss our Spooktacular Fun Zone packed with thrills such as carnival games, jumpers, spooky crafts, a pumpkin patch, and more for just \$10 per person (ages 3 and up) with a wristband. Dress to impress in your best costume and make the night extra fun!

Wristbands go on sale Monday, August 18 for residents and Monday, August 25 for non-residents.

Wristband Purchase Locations & Hours:

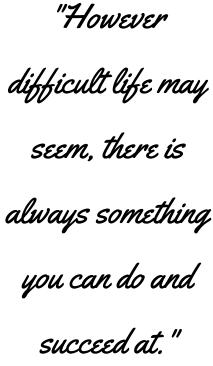
- RC Sports Center (8303 Rochester Ave.)
- Monday Friday: 3:00 p.m. 8:00 p.m.
- Central Park (11200 Base Line Rd.)
- Monday Friday: 8:00 a.m. 8:00 p.m.
- Saturday: 8:00 a.m. 5:00 p.m.s!

AUGUST RECAP















STEPHEN HAWKING







Thank you to all our person served and their families for their continued support. ARIL appreciates all your participation and commitment to our program!







FOLLOW ARIL ON INSTAGRAM!











Services

ARIL offers in-person services
that are face-to-face in the
family home or the community.
ARIL follows all safety
precautions recommended by
the CDC and California state
policies when working with our
persons served. ARIL is proud
to have all our sessions in
person!

If you have any questions, please call our office at 909-843-2011

Self Determination Services

The Self-Determination Program (SDP) with Inland Regional Center (IRC) offers individuals with developmental disabilities greater control, flexibility, and choice in how they receive services and supports, compared to traditional IRC services. Under the SDP, participants receive an individualized budget based on their assessed needs and can choose service providers who do not have to be vendorized with IRC, giving them the freedom to design a customized plan that reflects their personal goals, cultural background, and lifestyle.

In contrast, traditional IRC services follow a more standardized approach, where case managers coordinate services through vendored providers within a structured system. While both models aim to support individuals in living fulfilling lives, the Self-Determination Program empowers participants with more autonomy and person-centered planning.





Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)



Social Recreation (SRA)



Self Determination Program (SDP)

Contact



909-843-2011 714-643-3541 (after hours)



DirectSupport@arildsp.com



www.arildsp.com

Regular Office Hours: M-F 8am-4:30pm

ARIL

About Us

ARIL is a vendor of Inland Regional Center (IRC) and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have three programs which include Independent Living, Supported Living Services, and Social Recreation Services. We provide these services both traditionally with IRC and through Self Determination. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal-oriented and focuses on working with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals (DSPs) are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!