

MARCH NEWSLETTER

We can hardly believe we're already heading into spring! Spring is the season of growth and new life not only in nature but also in personal growth. Focus on your achievements and see all the great skills you have been developing with your DSP. Remember to keep pushing forward and continue working on improving every day. At ARIL we know you all have goals you're working to accomplish and though there may be challenging days remember to be proud of the work you've done so far!

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MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	1 St. Patrick's Day Dance	2
3	4	5	6	7	8	9 Community Unit Day
10	11	12	13	14	15	16
Happy . St. Patricks Day	18	19 1ST DAY OF SPRING	20	21	22	23
24	25	26	27	28	29	Egg Hunt Event
HAPPY FASTER	1	2	3	4	5	6

This is a <u>tentative</u> schedule, times and dates may be changed at any time. Please check for any updates on our website and with your DSP.

Stay updated on activities & events on our website at ARILDSP.COM









Join us at our IncredABLES Friday Night Fun Club St. Patrick's Day Dance on Friday, March 1 from 5:30 p.m. to 8:00 p.m. at Central Park (11200 Base Line Road.) Come ready to Dance the night away with old and new friends!

Community Events



All ages are invited to locate one of various Giant Easter Eggs hidden around the city, redeemable for prizes at the second Egg Hunt Event on March 30, 2024, at Ontario Town Square.



Limit one per household. Must be an Ontario Resident. Valid I.D. required. City Employees & their families are not eligible.

Discover Giant Eggs Hidden Throughout Ontario Parks!
All ages are invited to locate one of various Giant Easter Eggs hidden around the city, redeemable for prizes at the second Egg Hunt Event on March 30, 2024, at Ontario Town Square.

Limit one per household. Must be an Ontario Resident. Valid I.D. required. City Employees & their families are not eligible.

For more information, please call the Recreation & Community Services Department at (909) 395-2020.



Community Events



March 9th
8am - 12 Noon
Community Unit Day - Free Event
@huertadelvalle
Budgeting and Finance workshop
Organic Produce Market
Local food and Wellness vendors
Activities for grade school kids

February Recap







"Success is not the key to happiness."

Happiness is the key to success. If you love what you are doing, you will be successful."

ALBERT SCHWEITZER

Thank you to all our person served and their families for their continued support. ARIL appreciates all your participation and commitment to our program!





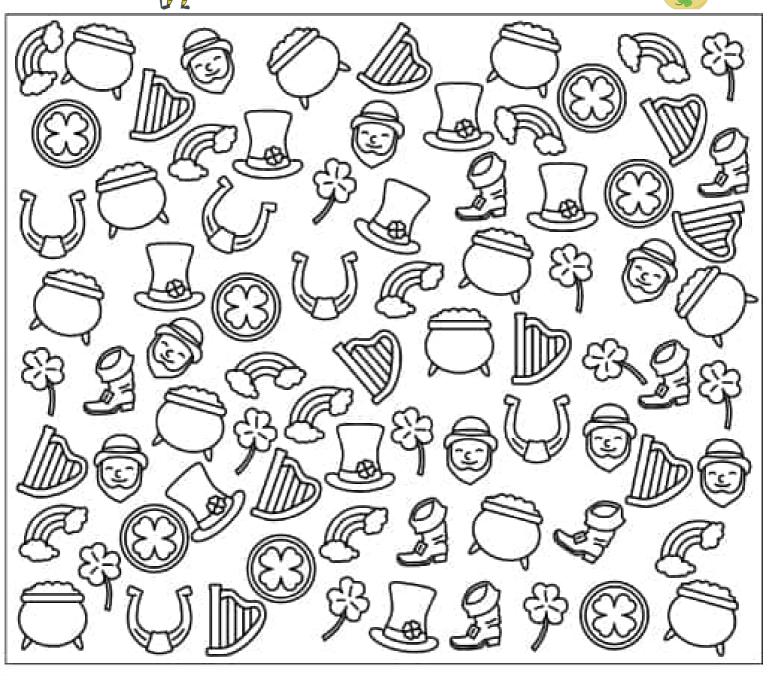
My Strengths and Qualities



Things I am good at:	Compliments I have received:
1	1
2	2
3	3
What I like about my appearance:	Challenges I have overcome:
1	1
2	2
3	3
I've helped others by:	Things that make me unique:
1	1
2	2
3	3
What I value the most:	Times I've made others happy:
1	1
2	2
3	3



ST. PATRICK'S DAY I SPY







Services

ARIL offers in-person services
that are face-to-face in the
family home or the community.

ARIL follows all safety
precautions recommended by
the CDC and California state
policies when working with our
persons served. ARIL is proud
to have all our sessions in
person!

If you have any questions, please call our office at 909-843-2011



FOLLOW ARIL ON INSTAGRAM!







Our Services



Independent Living Skills (ILS)



Supported Living Skills (SLS)

Contact

- 909-843-2011
 - 714-643-3541 (after hours #)
- directsupport@arildsp.com
- www.arildsp.com

ARIL

About Us

ARIL is a vendor of Inland Regional Center and provides services in the San Bernardino and Riverside counties. Our direct support service provides independent living skills training and teaching to adults with developmental delays. We have two programs which include independent living and Supported Living Services. ARIL will be adding a new program for Social Recreation in 2023! More information will become available in the upcoming months about our Social Recreation program and how to join. Check out our website for updates and program changes.

Why Choose Us

ARIL is goal oriented and focuses on working 1:1 with our persons served to set and accomplish realistic goals to improve their life skills. Our Direct Support Professionals are trained to help person served achieve success and independence in their daily lives. With the use of an Individual Service Plan, we are able to track progress and completion of goals!